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Food, Page 1C



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Granite City Journal

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VOLUME 21, NUMBER 88

WEDNESDAY, NOVEMBER 5, 1997

FIFTY CENTS



Staff photo by JOHN FRESSE

Police canine Bach is a split second from lunging at Steve Hamilton, assistant principal at Granite City High School, during a demonstration of police dogs at the school. Hamilton is wearing padding on his arm. Behind Bach is the dog's handler, Sgt. Curt Walkenbach.

Nowhere to hide

Canines help keep drugs out of schools

By Scott Kelly
Staff writer

The "nose that knows" finds drugs anywhere.

Whether fools conceal dope in a car, school lockers or on their person, drug-sniffing police canines find it.

Granite City police and school officials want all their students to understand that simple fact. As part of Red Ribbon Week at Granite City

High School last week, the police brought in their canine units to demonstrate how drug dealers and users won't escape a nose 3,000 times as sensitive as their own.

"Spark" and "Bach" are two German shepherds specially trained to find drugs. Sparky's handler is Officer Donny Hemphill, and Bach's is Sgt. Curt Walkenbach's. Both dogs are male.

"A dog can detect that

scent, even if it were wrapped in plastic, and (has), say, coffee grounds around it," Det. Sgt. Jeff Parker, also the school board president, told the assembly. "It's amazing how these dogs have the tremendous sense (of smell) that they have."

Students saw two demonstrations. First, at a gym assembly, the officers put a

(See DOGS, Page 8A)

Haine wanted Weber's talent

Former prosecutor replaces Trone

By Terry Hillig
Telegraph staff writer

Don Weber, one of the most controversial figures in Madison County politics and law enforcement in recent decades, has returned to the State's Attorney's Office.

State's Attorney William Haine said Weber began work Monday in a part-time position prosecuting violent crime cases.

Weber resigned in 1990 under a hail of criticism over what leaders in the black community and some Democratic Party leaders thought were racist remarks.

Haine said Weber, who has prosecuted numerous high-profile criminal cases, provides extra experience and talent needed on his staff

"It's getting the job done that's important. Bob Trone's death has left a void in the office."

William Haine

after the death of long-time prosecutor Robert Trone and the departure of other veteran prosecutors in recent years.

(See WEBER, Page 4A)

Development meeting spotlights positives

By Scott Cousins
Staff writer

Developers and civic officials are taking a hard look at the potential of the St. Louis National Stockyards property in National City.

In late October about 35 people — ranging from developers, local municipal officials, development agency and state agency representatives — met to discuss future development at the stockyards.

Joe Frei, vice president of development for the stockyards, cited several reasons

NATIONAL CITY

why the land has great potential: its proximity to St. Louis; a transportation network including highway, rail, water and airports; ongoing development nearby; and the ease of dealing with a single landowner.

"All in all, it was a very informative meeting for everyone who attended," Frei said.

On the negative side, he said there is a "stigma" in the minds of many Missouri residents about Illinois.

"It was a very informative meeting for everyone who attended."

Joe Frei
National Stockyards

"People from the west side don't recognize anything east of the Mississippi," he said.

(See MEETINGS, Page 6A)

Cancer benefits set

By Scott Kelly
Staff writer

The community will open its heart — and pocketbooks — this weekend for two area residents suffering from cancer.

Kendra Dawn Hartley, 7, will receive hot help Saturday in her fight against cancer. Friends and family are holding a benefit chili cookoff

starting at 2 p.m. Saturday at Sammy's, 921 Niedringhaus in Granite City. The fee is \$10, payable at the bar. Donations will also be accepted at Sammy's. Food, raffles and prizes are planned.

Kendra had brain cancer surgery Sept. 1, 1994, followed

(See BENEFITS, Page 5A)

Old Newsboys Day celebrates 40 years

By Jean Abernathy
Staff writer

Old Newsboys Day is celebrating a special anniversary, and local children will benefit.

Thursday will mark the 40th anniversary of Old Newsboys Day. For four decades volunteers have raised money for about 10,000 needy children in the St. Louis area.

These volunteers sell special-edition Old Newsboys Day Suburban Journals. Every penny paid for the newspapers goes to more than 200 local children's charities.

Some volunteers, such as former Creve Coeur Mayor Harold Dielmann, have sold the newspapers every year since the drive began in 1957. Dielmann can be found tomorrow at Spoede and Ladue roads.

KMOX-AM (1120) personalities will again sell newspapers from 6 to 9 a.m. at "celebrity corner" at the St. Louis Galleria, Brentwood Boulevard and Clayton Road. Doug McElvein, Charles Brennan, Charles Jacob, Jack Buck, Randy Karraker

(See ONB, Page 4A)



Pictured from left: Maj. Robert O'Grady; Ted Wetterau; Roger Peterson of Booker Associates Inc.; Mary Aten, of the Guard and Reserve; and Sgt. 1st Class Kevin Howard.

In the Journal

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5 FULLER'S FORECAST
John Fuller, Meteorologist, KSDK NewsChannel 5

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NEWS

VOICE BOX

Do you spend your winters at home, or do you go where it is warm?



"I stay at home because I have to work, have kids that go to school and have winter activities."

Key Rudolph, legal secretary
Granite City



"I'd rather go and travel for the warmth, and most of the time I go to Florida for two or three weeks during the winter but unfortunately my budget doesn't allow me to do that every year."

Amy Fisher, waitress
Granite City



"I spend them at home, financially I can't afford to go away and I have winter projects I have to do."

Shirley Guffey, free-lance writer
Granite City



"The winter is our busiest time making it difficult to get away, however I love the snow. It is a must for Christmas."

Judy Knapp, owner of Violets and Vines
Granite City



Photos by Shirley Valencia
Interviews by Shirley Valencia
Interviewed in downtown Granite City

"I spend most of it here but try to go south at least one week out of the winter."

Judy Burns, florist
Granite City

Journal recipe finalists chosen

After carefully considering the many responses received from *Journal* readers, a select group of finalists has been chosen in the 1997 *Journal* News-papers Holiday Recipe Contest. In the category of salads and side dishes, the finalists are: Pat Voss of Belleville for her Sweet Potato Casserole, Alvin Edwards of Madison for his Grandma Edwards' Traditional Hopsin and Granite City's Lorraine Sumpter for an enticing Holiday Vegetable Salad.

The three contending recipes for top honors in the entire class are: Illinois Pork Kraut Balls, sent in by Mary Treutman of Mascoutah; and two entries by Sharon Ferris of Granite City for Pasta with Peppery Beef and Vegetables and an unusual Breakfast Casserole perfect for a wintry morning at home.

An overwhelming response in the dessert category, and no entries from the younger chefs, has prompted a division of that highly competitive classification.

One winner will now be decided among desserts, generally. Another will be drawn

from the pool of cheesecake recipes, specifically.

Among the dessert finalists are: Vivian Deason with Burgundy Berry Holiday Mold, Lena Coulson for Double Layer Pumpkin Pie and Betty Schlemm's Cranberry Coffee Cake. All of the finalists in this category are from Collinsville.

And last, but certainly not low-cal, cheesecake. This lists of tempting and terrific treats is topped with Monica Otten of Belleville's Amaretto Cheesecake, Holiday Cheesecake submitted by Virginia Kupinski of Collinsville and Turtle Pecan Cheesecake compliments of Maryville's Linda Bland.

All finalists from this year's contest will be invited to Viviano's Italian Restaurant in Belleville for a special tasting to determine the winners. All of the final recipes tasted at Viviano's will be featured in the Thanksgiving Day edition of your *Journal*.

The *Journals* thank everyone for participating and encourage readers with new or exciting recipes to send them along anytime.

MEETING

The Nov. 10 meeting for Venice Township has been moved to 7 p.m. Nov. 17 at 910 Madison Ave.

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Granite City Journal

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Boilers give Venice kids off days

A cold spell over the weekend gave students in the Venice School District a two-day vacation.

Classes were canceled on Monday and Tuesday because

the district could not light the boilers to provide heat to the classrooms. Asbestos had been removed from the boiler room last week while replacing the district's boiler system.

Because air sample tests had to be performed, the old boiler could not be turned on.

Superintendent John Rush said they expected to have the results of the test back sometime Tuesday, and classes should resume today (Wednesday).

The old boiler will be used to provide heat for the building which houses grades 1 through 12 — while the new boiler is being installed. The district will count the days as "snow days."

Police still unsure why fatal golf cart accident happened

Arlene Terry of Granite City was killed Friday when the golf cart she was riding in on Highway 3 was hit by a car.

The 60-year-old woman and the driver, her son, 23-year-old Russell L. Terry, also of Granite City, were attempting to reach Rock Road from Levee Road via Highway 3.

No golf courses are located near the accident site. As of Tuesday morning, Illinois State

Police were unsure why they were driving a golf cart on the road. Police are continuing to investigate.

Arlene and Russell Terry were taken to St. Elizabeth Medical Center in Granite City, where he was treated and released Friday night. Arlene Terry was flown to Saint Louis University Hospital where she was pronounced dead.

The Terrys were apparently

midway through an intersection when the light turned red, and they were struck by a north-bound car on Hwy. 3 driven by James E. Talbert of Godfrey.

Services for Arlene Terry were Tuesday at Werner Chapel in Pontoon Beach, with burial at Sunset Hill Memorial Estates in Edwardsville.



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Shimkus on-line today

U.S. Rep. John Shimkus, R-Collinsville, will host an Internet discussion at 1 p.m. today.

The on-line chat will take place at www.townhall.com. Anyone can take part in the chat by logging onto that site and locating the chat with Shimkus. To use the site, some software must be downloaded, and the user must sign up.

Letters were sent to all area high schools encouraging them to get in on the computer discussion.

"I am pleased to be participating in this modern forum of discussion with Web surfers and students in my district," Shimkus said. "As a former teacher, and in this technological era, I am committed to encouraging students to become adept with computers."

Questions on policy issues, concerns in the district, the political process or any other issue can be submitted.

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Veterans to place flags

Veterans organizations from the Quad-City area will be placing U.S. flags Saturday on the graves of all veterans held at St. John's Cemetery.

Members from American Legion Post 113 and Auxiliary, Disabled American Veterans and Auxiliary Chapter #53, Veterans of Foreign Wars and Auxiliary #7451, AMVETS Post #204 and Auxiliary, American Legion Post #307 and Auxiliary, Veterans of Foreign Wars #1300 and Auxiliary, AMVETS Post #51 and Auxiliary and Boy Scout Troop #12 of Madison will meet at 9 a.m. Saturday to distribute the flags.

At 2 p.m. Sunday, Veterans' Day Services will be conducted by representatives from the American Legion, Disabled American Veterans, Veterans of Foreign Wars and AMVETS. Members and invited guests will parade the colors to render honor to our servicemen and women who proudly served our country and are currently serving our great nation. All are invited to join in the salute to veterans.

For more information, call Jim Taylor at 931-4504.

Women's group to hold luncheon

The Christian Women's Club serving Madison County will hold a "Hawaiian Luau" luncheon at 12:15 p.m. Tuesday, Nov. 11, at the Gateway Center in Collinsville.

The program will feature April Rank sharing Hawaiian traditions. Cheryl Pace will provide the music. The guest speaker will be Corrine Peterson.

The cost of the luncheon is \$11 payable at the door. Complimentary child care is also provided. Reservations for lunch and child care are essential and should be made by noon, Thursday, Nov. 6.

To make a reservation or for more information, call Carol at 936-0614 or Sharon at 344-5696.



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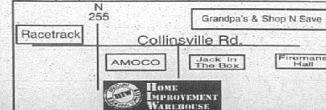
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ONB

(Continued from Page 1A)
and Dan McLaughlin will be selling.

The St. Louis Cardinals are also donating time to help children and will sell newspapers at St. Louis Union Station, Market Street between 18th and 20th streets.

"This year marks the 40th anniversary of Old Newsboys Day — a community effort that helps 10,000 needy children in the St. Louis area," said Tom Rice, president and chief executive officer of the Suburban Journals.

"Without the efforts of the entire community, from the volunteers who sell papers, to those who buy the special-edition Suburban Journal, to the corporate sponsors and to honorary chairman Bob Costas and chairman Ted Wetterau, the needs of many children would go unmet," Rice said.

"I urge everyone to support children's charities and purchase a special-edition Old Newsboys Day newspaper tomorrow," he said. "Chairman Ted Wetterau has been working tirelessly to drum up news and enthusiasm for Old Newsboys Day."

"We are entering into a season of giving — Thanksgiving and Christmas," Wetterau said. "It is also a wonderful season for Old Newsboys Day which has been a tradition for some 40 years. I hope all of you will reach into your pocket and give at least a dollar. A dollar is very worthwhile, because 100 cents of that dollar helps 10,000 children."

It won't be hard to find the volunteer Old Newsboys hawkers, because they will be decked out in traditional newsboys aprons, courtesy of Hardee's Restaurants, and official identification badges, courtesy of Southwestern Bell. Hardee's also provides volunteers with coupons for a free breakfast as a way to say "thank you" for their efforts.

The Old Newsboys Day newspaper focuses on kids. Responses to the third annual Children's Choice Awards are highlighted, and preteens choose their "favorites" — everything from pizza toppings to ice cream to sports personalities and more.

Last year, for the first time, the troops were called in to help needy children.

OBITUARIES

Jimmie Denton

JIMMIE E. DENTON, 50, of rural Addicks, died at 7:02 p.m. Sunday, Nov. 2, 1997, at his home after an illness. He was born Oct. 22, 1938, in West Plains, Mo.

Mr. Denton was a operating engineer for Local #620 in Mitchell for 30 years. For the past 20 years he was employed at Macalair Asphalt in Collinsville. He was a member of St. Anthony's Catholic Church at Lively Grove.

Survivors include his wife, Shirley (Weber) Denton, whom he married on Oct. 5, 1980, in Ruma; his parents, Floyd and Myrtle Denton of Centralia; four daughters, Ray Sargent and Kimmy Denton both of Centralia, Vicki Schwankhaus of Okawville, and Rhonda Farah of New Jersey; a brother, Floyd Denton, Jr., of Centralia; 14 grandchildren; three great-grandchildren; and nieces, nephews, and friends.

He was preceded in death by a son, Jimmy Denton; and a brother, John Denton.

Services will be 11 a.m. today, Nov. 5, at Campagna Funeral Home in Okawville with the Rev. Father Steve Witte officiating. Burial will be in St. Anthony Cemetery at Lively Grove.

Memorials are suggested to

Southern Illinois Hospice of Belleville and will be accepted at the funeral home.

Arlene Terry

ARLENE TERRY, 60, lifetime resident of Granite City died at 10:44 p.m. on Friday, Oct. 31, 1997, at St. Louis University Hospital. She was born on Dec. 15, 1936, in Altamont.

Mrs. Terry was a housewife and a member of the Baptist faith. Survivors include three sons, Jody Terry, Roscoe Terry, Jr., and Russell Terry all of Granite City; three daughters, Trudy Morton of Morgantown, N.C.; Debbie Martin of Mt. Vernon, and Sheila Scarborough of Spanish Lake, Mo.; two sisters, Betty Puntman, and Sherry Porzell both of St. Louis; eight grandchildren; and three great-grandchildren.

She was preceded in death by her parents, Jesse Leroy and Thelma Riley; and two brothers, Jack and Clarence Riley.

Services were Tuesday, Nov. 4, at Werner Chapel with the Rev. Harold Gillison officiating. Burial was in Sunset Hills Cemetery in Glen Carbon.

Dorothy Barnes
DOROTHY H. (NOLEN) BARNES, 78, of Granite City, formerly of Venice,

died at 1:20 p.m. on Saturday, Nov. 1, 1997, at Hitz Memorial Home in Alhambra. She was born July 15, 1919, in Calhoun, Ky.

Mrs. Barnes was a homemaker and a member of Second Baptist Church in Granite City. Survivors include two sons, Carl Gene Barnes and Stanley Ray Barnes both of Edwardsville; one daughter, Evelyn Frances Duffin of Alhambra; a brother, Harvey Nolen of Belleville; a sister, Nadine Legrand of Poplar Bluff, Mo.; eight grandchildren; and four great-grandchildren.

She was preceded in death by her husband, William Calvin Barnes; her parents, Lundy Cleveland and Nellie Viola (Wheeler) Nolen; two brothers, Jimmie Ray Nolen and J.W. Nolen; and two sisters, Bette Eileen Nolen, and Garetta Byrd.

Services were Tuesday, Nov. 4, 1997, at Second Baptist Church with the Rev. David Taylor and Rev. Carl Watkins of the church officiating. Burial was in Sunset Hill Cemetery.

Arrangements were handled by Thomas Mortuaries, Ltd. in Granite City. Memorials are suggested to Second Baptist Church, 2100 Illinois Ave., Granite City.

Howard Thomas, Sr.
HOWARD E. THOMAS, Sr., 76, of Lebanon died Saturday, Oct. 25, 1997, at St. Elizabeth's Hospital in Belleville. He was born in Olmstead, Easley Thomas of Chicago; two sons, Howard Thomas of Bloomington and Harvey Thomas of Chicago; two daughters, Jerilyn Crain of Ceritos, Calif., and Jacquelyn White of Lebanon; one brother, Jesse Thomas of Madison; a sister, Alice Downey of Florissant, Mo.; several nieces and nephews, 10 grandchildren; 13 great-grandchildren; and seven stepchildren.

Services were Wednesday, Oct. 29, at the First Pentecostal Church in Lebanon. Burial was in the National Cemetery in Jefferson Barracks, Mo.

Officer Funeral Home Metro East, Chicago handled the arrangements.

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Weber

(Continued from Page 1A)
"It's getting the job done that's important," Haine said. "Bob Trone's death has left a void in the office."

Weber could not be reached for comment Monday.

Haine said he knows many of his fellow Democrats have no affection for Weber, always an outspoken Republican. "There may be people who don't care for his political opinions," Haine said. "I don't agree with him on many things, but I don't think it would be the right thing to do to turn down his talent."

Haine said it is difficult to find prosecutors who have Weber's skill and experience in prosecuting murders, rapes and other violent crimes.

"I think he's learned much in seven years," Haine said. "You have to do it in the context of his whole career. It was seven years ago."

Weber began his career as a prosecutor in the 1970s when he was hired by then-State's Attorney Nicholas Byron. Byron fired Weber in 1979 after Weber was elected a

Granite City commissioner. Haine said the jobs were incompatible.

Weber ran for state's attorney in 1980 and defeated his former boss to become the first Republican elected to countywide office in many years. He served a tumultuous term as state's attorney before he was defeated in 1984 by Democrat Dick Allen.

Weber was an assistant state's attorney on Weber's staff in 1989-90 and successfully prosecuted Paula Sims for the murder of her infant daughter, Heather, in one of the most sensational murder cases in the county's history.

Weber came under intense

criticism in 1990 after he was quoted in the St. Louis Post-Dispatch as saying that five Alton youths who had been charged and then cleared in the slaying of an Alton man were part of a "segment of black people who are liars."

NAACP officials, Democratic leaders and others demanded that he resign or be fired. Weber insisted he was not a racist. He said his words were taken out of context and were intended only to refer to the five youths, two other suspects later charged with the murder, and two witnesses who were questioned about the slaying.

Haine initially rejected Weber's offer to resign but then accepted it, saying Weber had not come forth with what Haine considered an acceptable public apology.

Weber said he could not apologize for something he didn't say but Haine said Weber's statements of regret did not go far enough.

Madison County Public Defender John Rekowski, a long-time Weber critic, said he was shocked by the hiring. Rekowski said Monday that Weber's return "calls into question Mr. Haine's commitment to the black community at a most unfortunate time. The black community is still waiting for an apology."

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NEWS

Company program could change county recycling

"No matter what you do, no matter how much you educate, even if you send out the garbage police, not everybody is going to do it."

Louis Perez
Norton vice president

Madison County — including Alton, Wood River and Granite City — have signed on to the plan.

The proposed plant will be designed to handle 100,000 tons of trash per year, Perez said, but so far there's only the commitment of about 40,000 tons. He said Norton needs at least 60,000 tons before it will build the plant, which is slated for the Lewis and Clark Environmental Business Park at Illinois 143 and Illinois 3.

"We need a certain amount of materials to make it justifiable," Perez said.

The goal of moving to an unseparated recycling facility

is to reduce the amount of solid waste earmarked for landfills, Perez said. Norton said that through its kind of recycling, only 30 percent of the garbage will end up in a landfill but that everything cannot be processed.

Edwardsville Mayor Gary Niebur said that if city officials decide to abandon curbside recycling in favor of an unseparated recycling facility, they would first determine the economic feasibility of such a switch.

"The decision the committee is going to make to consider is do they want to do the financial analysis?" he said.

Benefits

(Continued from Page 1A)

by 145 chemotherapy and radiation treatments. The radiation damaged her scalp, hearing and the part of her brain that allows growth. The cancer came back in August.

Kendra is the daughter of Kevin and Lisa Hartley, and has two sisters, Amber and Kayla.

"I was challenged to a chili cookoff," said Nita Johnson, a relative.

"More people wanted to get in on it. So we decided we would do it to benefit someone and hopefully give them something special."

"We decided on Kendra because she is the youngest person with cancer in my family," she said. "Currently, there

are four members of my family with cancer, all aunts, uncles and 7-year-old Kendra."

For more information on the chili cookoff, call 876-0821.

Also on Saturday is a dinner and dance benefit to help pay the cancer bills for Vietnam War veteran William Moreland. The event begins at 8 p.m. at the American Legion Post #113, 1825 State St. in Granite City.

Donations will be accepted at the door. Crafts will be auctioned, and 50/50 tickets for a Dec. 13 drawing are \$2.

Anyone wishing to make a donation should call 876-2902 or made directly to Central Bank to the American Legion, in care of Bill Moreland.

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NEWS

Meeting

(Continued from Page 1A)
"It's something that will have to be overcome."

He also said there will be problems with cleanup and demolition on the 400-plus acre property, but "we didn't dwell a lot on the negative."

On Dec. 31, the stockyards will cease operations in favor of commercial and industrial development.

The East St. Louis area was once one of the largest livestock and meat-packing centers in the nation, but with the closing of the meat-packing plants and changes in the industry, the number of animals coming through the stockyards has dramatically decreased.

Frei said the company was in the process of forming a development plan for the property.

However, because of ongoing legal disputes, the political future of the area is undetermined.

Most of the stockyard property is in National City, but an attempt by St. Clair County to dissolve the village was challenged in court.

On Oct. 3, the Fifth District

Appellate Court in Mt. Vernon ruled in favor of a lower court decision that approved the county's motion to dissolve the village.

That action came after the county held a special census in August 1996 showing no residents living within the village's boundaries. A minimum of 50 is required. The 1990 census showed a population of 57.

The county's action had been prompted by complaints by the St. Louis National Stockyards, which owns most of the property in the village, about high taxes and an attempt by the village board to license a strip club in the village.

The stockyards evicted the residents, and the county has blocked efforts to create another residential area.

However, a circuit court order delaying the village's demise has been filed pending an appeal to the Illinois Supreme Court.

Attorney David Fahrenkamp, who represented the village, said he intended to file the appeal, but as of Monday a clerk at the Supreme Court said the appeal had not been filed.

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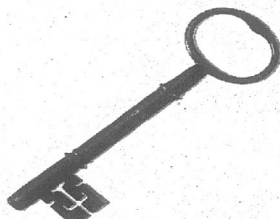
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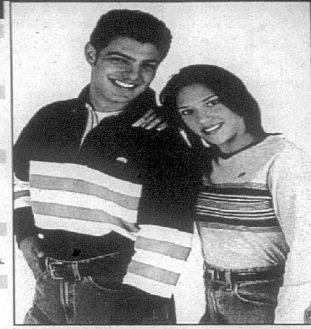
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HEALTH NEWS

Local hospice celebrates national month

Hospice of Southern Illinois, Inc. joins all hospice organizations around the world in celebrating National Hospice Month.

This year's theme is "Celebrating the Magic of Hospice," which is best described in the words of a hospice patient: "Hospice has turned an eternal secret into a living principle—that what's truly important in life lived richly, deeply, and meaningfully, for as long as it lasts."

Dignity, family, comfort, and caring are hospice—an idea whose time has come, and just in time for me."

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National Hospice Month has been celebrated each year since 1978 to promote awareness of hospice and to honor patients and families, as well as the thousands of professionals and volunteers who devote their time, love, and support to providing high-quality, end-of-life care.

It also focuses national attention on the critical issues affecting hospice care delivery. Hospice of Southern Illinois will kick off its National Hospice Month festivities by having Belleville Mayor Mark Kern issue a National Hospice Month proclamation. Other

events throughout the month include a blood drive on Thursday from 2 to 7 p.m. at the Hospice of Southern Illinois Main office located at 305 South Illinois St. in Belleville and an employee recognition dinner on Nov. 13.

Founded in 1981, Hospice of Southern Illinois, Inc. provides a comprehensive continuum of health and supportive services for terminally ill patients and families residing in our 35-county service area.

Our interdisciplinary team of professionals and volunteers provide services ranging from high tech nursing and medical care to basic assistance with the activities of daily living and bereavement counseling. For more information, please call 231-1703 or (800) 233-1708.

Obesity hard on youngsters; brings problems to adult life

By Bethany Behrhorst
Telegraph staff writer

Obesity is a problem that is slowly trickling down to our nation's youth.

"Many kids tend to eat more and exercise less than they should," said Dr. Gita Malur, a pediatrician on staff at Saint Anthony's Health Center. "The sedentary lifestyle is on the increase."

October was Child Health Month, a time of year when a child's well-being gets more

focus. However, the problem of obesity is something that exists all year long, Malur said.

"Kids sometimes watch a lot of television, and that can lead to a lot of snacking," Malur said.

This results in future health problems.

Healthy eating patterns are essential for children to live healthier lives.

Parents need to structure their children's eating habits," Malur said.

It is recommended that children participate in exercise

programs. Between the ages of 6 and 12 years, children should get approximately 30 minutes of strenuous workout time three times a week, at the minimum.

"Overweight children can become targets of jokes and ridicule, and this can cause a lowering of their self-esteem. This is one of the real dangers of childhood obesity," she said.

The cruelty of other children can cause psychological scarring in the future for a child suffering from obesity, she said.

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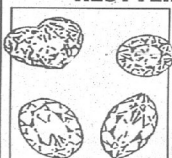
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THURSDAY, NOV. 6th
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St. Charles, MO 63303
314-925-2744 314-940-2313

FRIDAY, NOV. 7th
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Florissant, MO 63033
314-839-5569 314-839-5716

SATURDAY, NOV. 8th
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Bridgeton, MO 63042
314-739-4921

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Arnold, MO 63010
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Lemay, MO 63125
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Dogs

(Continued from Page 1A) sticker soaked overnight in dope under one of about a dozen chairs scattered around the room. While the students watched, the dogs immediately found the chair with the sticker.

The dogs already knew it was there. When Bach was first brought into the gym, he smelled the dope and was itching to be let go to find it.

"When he finds it he's going to scratch on an area or bark at it or bite it and that gives me an indication that there's dope there," Walkenbach said.

The dogs are also trained in apprehension of suspects, Parker said. They are sometimes brought to a crime scene, and can track a suspect's scent for several blocks.

The dogs are fiercely protective of their handlers, and provide a special kind of back up for an officer in trouble.

To demonstrate, the officers during one afternoon session used Steve Hamilton, assistant principal, as a "suspect" running away from Walkenbach. The officer sent a signal that let Bach out of the police car. Bach quickly "apprehended" Hamilton; his "catch" was over about 3 seconds after it started.

Demonstrations such as last week's, coupled with actual searches, have affected the schools. The searches are almost always random, but once in a while the police are called for a specific situation.

Students who had drugs on them learned to stop keeping the junk in their lockers and instead kept it with their gym clothes, so police searched in the gym, and discovered a student with drugs.

"We think it's caused a lot of the kids to just quit," Parker said.

The school board and police department conduct the demonstrations and searches to keep the schools drug free.

"We hope you don't feel this is an intrusion coming in here," Parker said. "This is for you kids who don't want the drugs in your school."

Dogs highly trained hunters

By Scott Kelly
Staff writer

Most people never get to attend school with their dogs.

However, both the handler and police canine go to the same school to hone themselves into a tight team.

Bach, who's handler is Sgt. Carl Walkenbach, is a true European German shepherd. Both Bach and Walkenbach trained together for six months, rain or shine, at the St. Louis Canine Police Academy and must undergo yearly training updates.

The 5-year-old dog came from the former Czechoslovakia through a dog broker who sells German shepherds to police departments. His initial training was in Europe, and consequently, his commands are given in German.

"He's trained to sniff out drugs, and also trained . . . how to apprehend a bad guy," Walkenbach said. "He's trained in tracking and building search."

Bach and his counterpart, Sparky, when sniffing for drugs perform passive and aggressive searches.

With an aggressive search, the dog immediately heads right for the dope and begins to paw or scratch it. For example, Walkenbach and Bach conducted a search of a closet at Kirkpatrick Homes.

"(Bach) indicated on the closet," said Det. Sgt. Jeff Parker. They emptied everything out, searched and found nothing. He still indicated on the closet.

Sgt. Walkenbach's starting to get a little frustrated with Bach, but Bach's not letting up. Finally they took the metal clothes rod off, shook it, and inside the clothes rod was the drugs," Parker said.

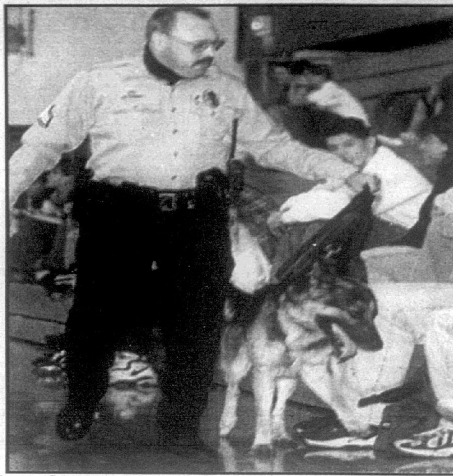
In a passive search, the dog is trained to simply sit and look at the drugs he's found.

When looking for a police canine, officers search for ones that are good with people and aren't overly aggressive.

"We wanted to be able to take the dogs to school, and we didn't want to have to worry if my dog gets loose that he would go and bite somebody," Walkenbach said.

Years ago, police dogs were merely trained to bite anyone. Bach and Sparky are not like that.

When they do bite, they bite in specific areas.



Staff photo by JOHN FRESSE

Sgt. Curt Walkenbach leads Bach around the Granite City High School gym. The well-trained dog is very friendly. He only leaps into action when ordered to do so.

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SPORTS

Updated standings
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Granite Parks
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Granite City Journal

Section B

Wednesday, November 5, 1997



Pat
Heston

Baker teaches a lesson in class after defeat

Steve Spurrier's coaching prowess was useless against Georgia on Saturday as the Florida Gators were humbled by the up-and-coming Bulldogs 37-17 in a college football game with Southeastern Conference and major bowl game implications.

After the game, I was reminded why I like Steve Spurrier.

Simply put, he's a class act, a no-excuses type of guy.

"We simply got beat by a better team today. Georgia is better than we are," said Spurrier in plain, honest speech tinged with a southern drawl. "And, to make matters worse, I did a terrible job of coaching. I called a terrible game."

There was no "Our quarterbacks didn't come to play" deflection of blame. Spurrier ran three QBs in and out of the lineup all afternoon, trying to find a combination that clicked. All to no avail.

"I called a terrible game," he said.

There was no "We just never got our offense uncranked" explanation for the meager 17 points put on the board by his normally high-scoring Gators. He didn't hold his offensive coordinator or his offensive line responsible.

"We got beat by a better team, was all he said."

I like that in a coach.

I like that in a person.

I like that in Gene Baker, the Granite City High School soccer coach.

Like Spurrier, Baker is a class act, a no-excuses type of guy.

After his Warriors' championship game loss in the Class AA Collinsville Sectional Saturday afternoon, half-a-dozen sportswriters descended on Baker like vultures closing in on a corpse.

Then came the questions.

"Was the wind a factor today?"

Baker admitted it was so, but added, "Both teams had to play in it."

Simple, direct, matter-of-fact, non-evasive, truthful. Free of excuses, free of attempts to justify poor performance on the field.

"You're squad has had a lot of sickness and injuries down the stretch. Do you think it hurt you not being at full strength against a team as good as Edwardsville?"

Baker side-stepped the issues of illness and injuries, refusing to lay blame on extenuating circumstances and, in doing so, detract from what the Tigers had done on the field.

"Edwardsville is a very good team," he replied. "As I said earlier, they are very strong and very skilled. They are extremely well-coached. They were a better team than us. They deserved to win."

In Baker's estimation, that's the way it was, and there's no use clouding the truth with other explanations. Intended to make his own team or his own coaching appear better.

That's one of the things I like about Gene Baker.

After, when the reporters had scurried to the Edwardsville side of the field, Baker stood huddled together with his players against the cold of the day and of defeat.

"Don't hold your heads down," he told them. "It was a tough loss, but hold your heads high. You had a very good season."

Maybe the soccer Warriors have learned something more than soccer from Gene Baker. Maybe they learned it in the dropping temperature and the approaching dark of a late November afternoon, made colder by a dashed dream.

Maybe they learned how to hold their heads high not with sniveling excuses or pointed

(See HESTON, Page 3B)

Tigers turn back Warriors



Edwardsville defense does job; Kreamalmeyer comes up big again

By Patrick C. Heston
Staff writer

As streaks go, Granite City has seen better.

For the third year in a row, and for the sixth time in the 1990s, the GCIS soccer Warriors failed to clear the sectional hurdle necessary to reach the IHSA state finals.

Granite City lost to Edwardsville 2-0 Saturday in the Class AA sectional championship on Bob Guelker field at Southern Illinois University-Edwardsville.

The Warriors closed out the 1997 campaign at 15-8-2.

The Tigers improved to 13-6-4 and met Bloomington in the Quincy Super-Sectional on Tuesday. Unheralded Bloomington upset top-seeded Moline on penalty kicks Thursday and then stunned third-seeded Champaign Centennial 3-1 on Saturday to win the Moline Sectional.

For a team that won six straight sectional titles from 1975-80, and 10 in a 12-year span from 1972-1983, Saturday's loss was a tough blow to take.

"Congratulations to Edwardsville," said Warriors coach Gene Baker, who has won 14 sectional championships and nine state titles at the Warriors' helm. "They were the better team today. We hope they go all the way. They are a good team. They have good size and strength. Mark (Schwarz) has done a real great job with them. I think they have a chance."

Which is more than the Tigers gave Granite on Saturday.

The Edwardsville defense of Tim Little, Isaac Sulentic, Kory Kuba and Alex Baisch limited the Warriors to a pair of shots on goal, one in each half.

"We worked hard for this win," said Tigers' midfielder Zach Evans. "Our four backs won the game. They kept the ball out all day. They're the heroes."

A point on which freshman Luke

(Photo by JOHN FRIESE)

Granite City's Andy Ronk finds open space to roam during a Class AA sectional game last week.

BOYS SOCCER CLASS AA SECTIONAL CHAMPIONSHIP EDWARDSVILLE 2, GRANITE CITY 0

Collinsville Class AA Sectional	
First Round	(Oct. 25)
Game 1: Alton 2, Springfield Southeast 1	
Game 2: Collinsville 5, Springfield Lanphier 0	
Second round	(Oct. 28)
Game 3: Belleville East 4, Alton 0	
Game 4: Granite City 3, Belleville West 0	
Game 5: Collinsville 4, O'Fallon 1	
Game 6: Edwardsville 2, Quincy 1 (OT)	
Semifinals	(Oct. 30 at SIUE)
Game 7: Granite City 2, Belleville 2	(Granite City wins on penalty kicks)
Game 8: Collinsville 0, Collinsville 0	(Edwardsville wins on penalty kicks)
Championship	(Nov. 1 at SIUE)
Game 10: Edwardsville 2, Granite City 0	
Quincy Super-Sectional	(Nov. 4 at Quincy)
Edwardsville vs. Bloomington, 7:30 p.m.	

Kreamalmeyer may be prepared to take exception.

Kreamalmeyer, whose penalty kick Thursday night abruptly ended Collinsville's season, hurried a rebound from six yards out of a hard shot by Evans at 20:37 to give the Tigers a 1-0 lead.

The Warriors played the second half with a strong, gusty wind at their backs, after struggling to punt and pass into its teeth through the first 40 minutes.

"The wind was tough," Baker said. "The wind breaks our communication and other things, but both teams had to play in it. They did a good job with the wind and we did worse. We were pretty happy going into the second half with the situation we had. But, frankly, we didn't take advantage of it."

With the Tigers settling into a defensive, ball-control game for the last 40 minutes, there was little Granite City could do, even with the wind, to muster a serious attack.

Finally, at 78:49, with Edwardsville

(See SOCCER, Page 3B)

Cougars suffer loss, but get home field

By Patrick C. Heston
Staff writer

Snap! That was the sound of the Southern Illinois University at Edwardsville men's soccer squad's undefeated season breaking under the pressure of Wisconsin-Parkside this past Saturday afternoon.

The Cougars (15-1-1), ranked third in the NCAA Division II poll, gave up a goal with only six minutes left in the contest and lost 1-0 to the Rangers.

"We faced a very good team and a very hungry team today," said SIUE coach Ed Huneke. "They were fighting for a chance at the playoffs. They had

COLLEGE SOCCER

to have a win today. And when a team is good and also desperate, that can be a lethal combination."

The win locked up a playoff spot for Parkside, moving them to 8-1-1 in the Great Lakes Valley Conference and 11-5-1 overall. The Cougars, with a playoff spot already in hand, fell to 9-1-0 in the GLVC and faced a must-win situation at home on Sunday against 24th-ranked Lewis University in order to host the conference tournament.

Though the day belonged to the visitors, it was the Cougars who owned most of the chances in the game.

Leading the charge for SIUE was Granite City High School graduate Matt Little, whose four shots on goal in the second half nearly put the Cougars over the hump. Little, a 5-10, 165-pound junior midfielder, had a pair of extremely close calls.

At 58:59, Little's smash off the shin of a defender ricocheted into the side of the goal where keeper Dan Trede made a spectacular sprawling save. Then, at 79:58, Little took a Rob Thornberry pass in full stride, streaking left to right across the 18-foot box, and fired a smash that fooled Trede but just missed tucking inside the right goal post.

Little also made what looked at the

time like the game-saving tackle. With 2 1/2 minutes gone in the second half, Rangers' forward Adam Reisz broke through the defense with the ball and prepared to fire a shot from eight yards. But Little made a dramatic sliding tackle which sent the ball from the box and preserved the scoreless tie.

The Cougars peppered the Parkside net for the first 20 minutes of the second half, but could never get the ball past Trede. Finally, at 83:54, Parkside's Jason Zitzke converted a Richard Elliot pass on a 3-2 breakaway advantage for the game-winning goal.

"This team has not yet had to

(See COUGARS, Page 3B)

End of the year Season complete for East St. Louis teams, as well as Cahokia

By Patrick C. Heston
Staff writer

The Comanches, Flyers and Tigers ended their respective

football seasons Saturday.

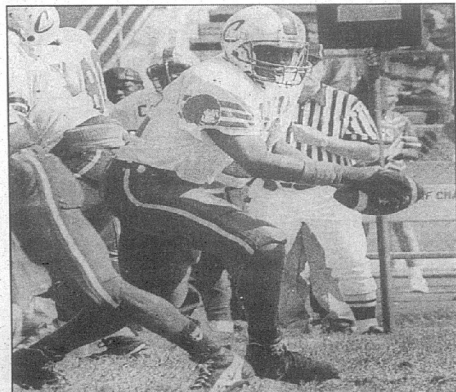
But only one of them — the

East St. Louis Flyers — went out with a win.

East Side took a 7-0 halftime lead against East St. Louis Lincoln, on the strength of Marcus Lee's 23-yard run in the second quarter, and held off its crosstown rival for bragging rights in the city.

The Flyers' 7-0 victory gave coach Terry Hill's team three straight wins to close the sea-

(See FOOTBALL, Page 3B)



Despite Byron Gettis' second half heroics, the Cahokia Comanches fell short in Class 5A playoff opener Saturday.

Granite City residents lead B&R Tavern team to bi-state championship

By Patrick C. Heston
Staff writer

The fact East Alton's B&R Tavern won the Bi-State Illinois-Missouri Nine Ball team championship recently may not, by itself, be news to Granite City residents.

But all members of the B&R billiards team are from Granite City.

Captain Damon Wolf, coach Rick Rose, Larry Phelps and

Brian Griss were the team members participating. Rick Meyer, the Most Valuable Player of the Illinois Nine Ball League, was unable to play in the championship.

The B&R team advanced to the Bi-State championship by edging Skooner's Lounge from Bethalto for the Illinois title. In that game, B&R came from behind to beat Skooner's 17-16; then waited a month to meet its Missouri opponent.

The Bi-State title game was played at Starlight Billiards in St. Louis. B&R trailed its opponent 15-12 but rallied to win. "It was a great team effort," said Rose, who was chosen to play for the championship after the squads were tied 16-16 in the title game. "This championship is very sweet. I am grateful to Dave O'dell and Judy Kuehnle, the owners of B&R, and also to 'Gabby' Eddieleman, who taught me how to play the game."

BILLIARDS

SPORTS

STATISTICS

PREP SPORTS STANDINGS

METRO EAST FOOTBALL

Southwestern Conference			
Team	Conf	Overall	PF PA
Belleville East	6-0	7-12	161
Edwardsville	6-1	9-1	247 75
Alton	4-3	5-4	187 232
Belleville West	3-3	3-6	82 200
Collinsville	1-5	3-6	57 141
East St. Louis	2-4	3-6	70 66
Granite City	1-5	3-12	186

Mississippi Valley			
Team	Conf	Overall	PF PA
Jerseyville	5-0	9-1	256 96
Highland	4-1	7-3	270 188
Civic Memorial	3-2	7-3	280 116
Waterloo	2-3	5-4	154 125
Trid	1-4	3-6	137 215
Mascoutah	0-5	0-9	65 221

Cahokia			
Team	Conf	Overall	PF PA
Freeburg	5-0	6-4	206 216
Columbia	4-1	4-5	223 227
Dupo	3-2	5-4	137 218
Red Bud	2-3	3-6	120 161
Carlyle	1-4	2-7	149 253
Breese C.	0-5	1-8	129 240

South Seven			
Team	Conf	Overall	PF PA
Cahokia	4-1	8-1	363 115
O'Fallon	4-1	6-4	282 223

Independents			
Team	Conf	Overall	PF PA
Mater Del	0-2	2-7	111
Lincoln	2-7	2-7	57 76
M.E. Lutheran	1-6	5-20	258

METRO EAST SOCCER

Southwestern Conference			
Team	Conf	Overall	GF GA
Belle, East	5-0	15-3	60 23
Belle, West	4-1	9-7	28 28
Granite City	2-3	15-8	31 25
Edwardsville	2-2	13-6	43 23
Collinsville	1-4	10-9	30 22
Alton	0-4	13-6	50 32

Mississippi Valley			
Team	Conf	Overall	GF GA
Triad	7-1	14-1	77 29
Highland	6-1	15-4	59 27
Waterloo	3-4	16-8	54 25
Civic Memorial	2-7	8-12	10 46
Jerseyville	1-3	8-8	56 31
Mascoutah	1-4	7-1	45 33

South Seven			
Team	Conf	Overall	GF GA
O'Fallon	7-0	18-4	62 29
Cahokia	0-5	2-13	13 52

Independents			
Team	Conf	Overall	GF GA
Lebanon	12-6	5-4	55 23
Columbia	12-7	7-4	53 37
Alhambra	12-11	4-5	45 46
Cibola	10-11	4-5	46 46
Westlin	4-17	0-11	41 113
M.E. Lutheran	0-11	0-8	53

METRO EAST VOLLEYBALL			
Team	Conf	Overall	GF GA
Belleville East	6-0	6-0	29-3

Mississippi Valley			
Team	Conf	Overall	GF GA
Highland	7-0	31-1	24-0
Central	5-1	17-15	17-15
Triad	5-1	17-15	17-15
Civic Memorial	5-1	17-15	17-15
Mascoutah	5-1	17-15	17-15
Waterloo	5-1	17-15	17-15
Jerseyville	5-1	17-15	17-15

Cahokia			
Team	Conf	Overall	GF GA
Freeburg	5-0	31-1	30-0
Westlin	5-0	22-10	4-3
Marissa	4-3	13-15	13-15
New Athens	4-3	13-15	13-15
Lebanon	4-3	13-15	13-15
Columbia	1-5	4-12	0-3
Carlyle	0-6	0-6	0-6
Dupo	0-5	2-15	0-5

South Seven			
Team	Conf	Overall	GF GA
O'Fallon	4-0	19-10	10-10
Cahokia	1-2	4-0	10-10

Independents			
Team	Conf	Overall	GF GA
Gibault	18-5	18-5	18-5
M.E. Lutheran	20-9	20-9	20-9
Vainmeyer	10-15	10-15	10-15
Lincoln	5-6	5-6	5-6

Cardinals Team of the Week

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National runner-up

The Belleville Thunderhawks finished second in the Class A Juvenile II national tournament in Wentzville (Mo.) this year. The Thunderhawks finished the season with a 17-7 record. Members of the team (from left to right) are: In front — Jeff Kettler, Steven Thompson, Dean Luge and Michael Cooper; Standing — coach Tom Kennedy, Tyson Abert, coach Ed Luge, Michael Bujnak, Shaun Kennedy, Jeff Andria, Chris Davis, Jason Closterman and manager Lonnie Kettler. Not pictured are Jim McDonald and Jacob Becker.

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P175/80R13	39	45	51	57	P215/75R15	48	58	63	72
P185/80R13	40	46	54	59	P215/70R15	57	61	65	72
P175/70R14	45	—	53	61	P225/75R15	48	58	67	75
P185/75R14	45	48	53	63	P235/75R15	57	61	65	72
P185/70R14	46	51	57	64	P195/65R15	—	59	69	78
P195/75R14	45	49	53	64	P205/65R15	62	72	77	84
P195/70R14	47	53	59	64	P215/65R15	63	73	77	84
P205/75R14	47	53	59	64	P225/60R16	66	76	82	93
P205/70R14	52	55	63	71	P205/55R16	72	84	90	96
P215/70R14	55	58	66	74					
P215/75R14	—	55	63	71					
P215/70R14	—	55	63	71					

•Heston

(Continued from Page 18)

fingers, designed to shift responsibility, but with simple, old-fashioned honesty, as clean

and bare-boned as the cutting wind against their faces. In the end, I guess, only a man of honesty can truly hold his head high.

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SPORTS

November 5, 1997—Granite City Journal—Page 3B

SOFTBALL STANDINGS

Granite City Park District Fall Softball

Oct. 26	Men's Red
Ernie & Annie's	10-2
Shockers	10-2
Jacobsmeyers	10-2
Kramden's Budmen	5-7
M.H.C.	4-8
East Side All-Stars	4-8
Shenanigans	0-12
Scores	
Shockers 18, M.H.C. 14	
Jacobsmeyers 22, East Side All-Stars 20	
Ernie & Annie's 25, Kramden's Budmen 8	
East Side All-Stars 7, Shenanigans 0	

Men's Blue

Oct. 26	Men's Blue
Outlaws	9-2
Performance Parts Plus	3-3
Grumpy Old Men	7-4
Hideaway Nads	2-9
Village Inn	2-10
Scores	
Hideaway Nads 7, Village Inn 1	
Outlaws 24, Grumpy Old Men 19	
Performance Parts Plus 18, Outlaws 14	
Performance Parts Plus 7, Village Inn 0	
Grumpy Old Men 20, Hideaway	

Nads 10 Grumpy Old Men 7, Village Inn 0

Bad Boys.....	8-4
Ten Pack.....	8-4
Ferrallio Misfits.....	4-8
*Kickapoo's.....	4-8
Scores	
Bad Boys 7, Ferrallio Misfits 3	
Bad Boys 21, Ten Pack 15	
Kickapoo's 26, Ferrallio Misfits	
25	
Ten Pack 19, Kickapoo's 11	
Playoff Scores	
Ferrallio Misfits 15, Ten Pack 4	
Kickapoo's 13, Bad Boys 12	
Kickapoo's 23, Ferrallio Misfits	
14	

Co-Ed Red

Fussell's Finest.....	8-4
Bindy's.....	5-7
Freebirds.....	4-8
Capri Sun.....	3-9
Scores	
No games played	
Co-Ed Blue	
Jacobsmeyers.....	11-1
Kramden's.....	6-6
Evolution.....	6-6
Red Rockers.....	1-11
Scores	
No games played	

•Cougars

(Continued from Page 1B)

respond to a loss, but I do have a sense as to the character that they have," said Hume. "I think this team will come back stronger and better because of this loss."

The Cougars needed a win Sunday afternoon against Lewis University in order to host the GLVC Tournament. SIUE entered Sunday's game with a conference mark of 9-1-0, while Lewis was 8-0-2.

Once more, Little stepped up, scoring the first goal of the game at 17:43 off a nice feed from Jerry Reed. The 1-0 lead stood up for the first 40 minutes.

After Jeff Mazurek tied the

game with a goal five minutes into the second half, the Little-Reed combo struck again for the Cougars. This time Reed scored the goal with Little notching the assist. Brian Douglas scored three minutes from the end, also assisted by Little, providing the last score in a 3-1 Cougars victory.

SIUE will host the GLVC Tournament this weekend at Bob Guelker Field. The Cougars (16-1-1), as a result of claiming the regular season conference crown, will receive a first-round bye and will face the winner of the Indianapolis Quincy game, which will be played today in Indianapolis.

The second semifinal will

also be determined today when Lewis University takes on Northern Kentucky, while Wisconsin-Parkside meets the University of Missouri-St. Louis. Semifinals are Saturday at 1 p.m. and 3 p.m. The conference championship game is scheduled for Sunday at 12:30 p.m.

Wisconsin-Parkside 1 SIUE-Edwardsville 0

W-P	SIUE
No Scoring	First Half
W-P	Second Half
83:54	W-P - Jason Zitzke (Richard Elliot), 83:54.
Shots on Goal	5 3 - 8

•Soccer

(Continued from Page 1B)

rushing to goal on an odd-man break, Dan Deist's blast deflected off defenseman Adam Sanchez to sophomore midfielder Josh Haines, who found the lower left-hand corner of the net from three yards.

"I think Justin (Rehr) did a good job," said Baker of his goalkeeper. "Those were not easy shots to handle."

Of the 16 teams left in the IHSA playoffs, Edwardsville perhaps has the path of least resistance to the state finals at St. Charles. A win against Bloomington would pit EHS against the usually weak Chicago Public League champion. But with defending state champ St. Charles looming on the semifinal horizon, the Tigers could be quickly domesticated.

Gene Baker had praise for his Granite City players after the loss.

"As a group, they redeemed themselves late in the year," he said. "I was very pleased with this season. We pulled

SIUE-Edwardsville 3 7 - 10
Goalkeepers - SIUE: Andy Korbesmeyer (8 shots, 7 saves); WIS-P: Dan Trede (10 shots, 10 saves).

SIUE-Edwardsville 3 Lewis University 1

Lewis	SIUE
First Half	3 7 - 10
Second Half	0 0 - 0
40:02	SIUE - Matt Little (Jerry Reed), 17:43.
40:02	L - Jeff Mazurek (Unassisted), 40:02.
SIUE - Reed (Little), 63:08.	
SIUE - Brian Douglas (Little), 86:59.	
Shots on Goal	3 7 - 10
Lewis	0 9 - 17
Goalkeepers - SIUE: Andy Korbesmeyer (10 shots, 9 saves); Lewis: Marty Zamba (17 shots, 14 saves).	

"As a group, they redeemed themselves late in the year."

— Gene Baker
GCHS coach

some surprises, and we were maybe capable of doing it again today, but we didn't get it done."

Edwardsville 2, Granite City 0

Edwardsville	Granite City
First Half	1 1 - 2
Second Half	0 0 - 0
20:37	E - Luke Kreamealmeyer (Zach Evans), 20:37.
76:49	E - Josh Haines (Dan Deist), 76:49.
Shots on Goal	7 3 - 10
Edwardsville	1 1 - 2
Granite City	0 0 - 0
Goalkeepers - Edwardsville: Matt Evans (2 shots, 2 saves); Granite City: Justin Rehr (10 shots, 8 saves).	

•Football

(Continued from Page 1B)

son after a teachers strike had left the preseason conference pick reeling with a record of 0-6.

Lincoln, which opened the season with a win at Chicago Marshall, salvaged one of three games after the strike to finish at 2-7.

In other Saturday action involving area grid teams, Cahokia staged a spectacular aerial rally in the second half, falling short against Bloomington when a Comanches' two-point conversion try failed with 1:12 remaining in the fourth quarter. Bloomington, which had led 21-8 in the third quarter, hung on for a tense 29-28 win.

The win drops Cahokia out of the Class 5A playoffs and ends the Comanches' season at 8-1.

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NEWS

Busy November set for Cahokia Mounds

A birds of prey show and Indian dance performances highlight November activities at Cahokia Mounds State Historic Site.

Raptor Awareness Day will be held Sunday, Nov. 2 starting at 2 p.m. The World Bird Sanctuary will show a variety of live birds of prey such as falcons, eagles, hawks, owls, and buzzards, while discussing the birds' habitats, diets and characteristics. There will also be a "fly show," with birds flying over the audience. The show is free and open to the public.

Indian dancers from the Illinois Cultural American Indian Committee will present free dance performances on Sunday, Nov. 9 at 1 and 3 p.m. in the Interpretive Center auditorium. They will discuss the clothing and ornaments worn for the dances.

The Kahok Dancers, a non-native group, will present Indian-style dancing on Sunday, Nov. 16 at 2 and 3 p.m. also in the Interpretive Center auditorium. The performances are free and open to the public. The Preserving Cahokia

Mounds and the Warren K. Moorehead Expeditions exhibit continues through November. It features photographs, text, pamphlets, letters, books, maps and artifacts highlighting the discovery and early efforts to preserve the Cahokia Mounds site.

Moorehead's 1920s excavations confirmed the mounds were man-made and prompted passage of a 1925 bill that created Cahokia Mounds State Park.

Monks Mound will be closed to the public through mid-September. Contractors are replacing the stairway up the front of the mound and repairing a slump on the west side.

The rest of Cahokia Mounds and the Interpretive Center are open daily, except on Veterans' Day, Tuesday, November 11, and Thanksgiving Day, Thursday, Nov. 27.

Self-guided tours of Cahokia Mounds are available through the free loan of a cassette tape or the purchase of a guidebook, available in 13 languages and Braille, in the Museum Shop. For visitors with disabilities, a new 17-minute video tour of Cahokia Mounds may be viewed upon request at the Interpretive Center.

Many unique gifts are available for the holidays in the Museum Shop. Items for sale include Indian-made jewelry,

pottery, fetishes, sculpture and kachinas. There is also a large selection of Indian and archaeological books, posters and videos, as well as Cahokia postcards, T-shirts, slides and hats.

Cahokia Mounds State Historic Site, administered by the Illinois Historic Preservation Agency, is eight miles from downtown St. Louis near Collinsville, off Interstate 55/70 and 255, and Highway 111, on Collinsville Road. It is open daily for free public tours, although a donation of \$2 for adults and \$1 for children is suggested. Call (618) 346-5160 for more information or a calendar of events.



Staff photo, by JOHN FRESSE

Growing fund

Nancy Colby, left, and Mary Scarsdale, of Disabled American Veterans Quad City Auxiliary #53, presents a \$300 check to Granite City Fire Department Commander James Strack for the infrared helmet purchase fund.

Area unit wins honors

The Madison/St. Clair Unit staff teamed with the University of Illinois Cooperative Extension staff statewide to win first place in the 1996 National Consumer Week Contest for providing information to consumers about customer service and product selection.

In celebration of October's Consumer Information Month and the 1997 National Consumer Week, Oct. 19-26, a series of fact sheets and news releases including information on new clothing care labels, controlling holiday costs, smart shopping, and choosing a contractor are available for consumers. Contact the Madison/St. Clair Extension Unit at 692-7700 or 236-8600 to request any of the fact sheets and other consumer information. This year's consumer week theme is "A Fair Shake in the Marketplace."

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ENTERTAINMENT

Trillin to appear at SIUE

Calvin Trillin, who has been called "a classic American humorist," will appear Thursday at Southern Illinois University at Edwardsville.

The event is part of the university's Arts and Issues series, which has been bringing distinguished speakers and performers to area audiences for 13 years.

Trillin, speaking on "My America," will appear at 7:30 p.m. in Meridian Hall on the first floor of SIUE's University Center.

A well-known writer for more than 30 years with Time Magazine and the New Yorker, Trillin has also earned kudos as a best-selling author and as one of the most respected journalists in the country.

Arts and Issues Coordinator Richard Walker said Trillin is one of three respected speakers to appear during this Arts and Issues season.

"We are very pleased to welcome the very witty and ever-interesting Calvin Trillin to SIUE," Walker said. "His appearances have delighted audiences around the country and we are honored that he would grace the Arts and Issues stage."

A native of Kansas City, Mo., and a graduate of Yale, Trillin has been acclaimed in remarkably diverse writing.

His wry commentary on the American scene and his books chronicling his adventures as a

"happy eater" have earned him fame as a humorist. His best-selling book, "Remembering Denny" (1993), was hailed as "an elegiac, disturbing, and altogether brilliant memoir."

After graduating from college and after a stint in the service, Trillin joined the staff of Time in the Atlanta bureau.

He then moved to the magazine's New York office, eventually joining several other publications, including The Nation.

USA Today called him "simply the funniest regular column in journalism."

Tickets are \$6; students, \$2, and are available at SIUE's University Center or at the Union Station ticket office (618) 692-2320. Ticket prices include free parking in the visitors' lot behind the University Center. TTY/TDD service is available for hearing-impaired patrons. (618) 692-3782 (V.T.). A sign interpreter is available by advance request.

HOROSCOPE

Wednesday, Nov. 5
The moon transits from loving Libra into sexy Scorpio. While the sun moves through Scorpio, the rhythm of life comes closer to home. Pay attention to signals. Everyone can attract a soul mate and can access that ability easily by being in touch with his or her creativity.

TODAY'S BIRTHDAY (Nov. 5). Branch out, and polish your many talents. Your self-image and personality are highlighted through November. It's who you know that unlocks the door after December. Get scientific about your financial approach.

A new love introduces himself or herself in December or February.

ARIES (March 21-April 19). You have become more progressive in your thoughts and deeds. Emotions and barriers come down — being vulnerable is attractive. Money is easier to collect. Hold off on making changes in your love life.

TAURUS (April 20-May 20). You are lucky — play your numbers right, and you'll get results! It's appropriate to make the first call. Singles get new insight into romantic expectations.

GEMINI (May 21-June 21). You've neglected aspects of

your life, and a new perspective is needed. Demonstrate independence where it's needed. Family dilemmas strain your current romance almost to the breaking point.

CANCER (June 22-July 22). A snap romantic judgment backfires. Express your appreciation — your loved ones may feel some regret. Taurus and Capricorn want old-fashioned relationships.

LEO (July 23-Aug. 22). A little game-playing produces marvelous results. Don't model yourself after those who are caught up in the trappings of success. Re-evaluate your goals now. Travel gives you a needed break.

VIRGO (Aug. 23-Sept. 22). Salespeople succeed in new fields. Fatigue keeps you from enjoying a new love relationship. Don't categorize yourself. Personal realizations free your creativity and let you emerge from your shell.

LIBRA (Sept. 23-Oct. 23). If you had a testy day at work, turn your frustration into fuel for sports and physical activities. Talk out your problems — don't walk away from them. This evening, you gain by letting others win, so concede a point.

SCORPIO (Oct. 24-Nov. 21). Emotions are fluid. Use what

you are feeling to steer you onto a more bountiful path. Spend money to make it. Those involved in research projects or high-powered businesses find it easier to gather facts.

SAGITTARIUS (Nov. 22-Dec. 21). Being spiritual doesn't mean you have to hand over your checkbook. Pay attention to what is causing you emotional discomfort. Long-awaited checks, contracts and letters arrive.

CAPRICORN (Dec. 22-Jan. 19). A misunderstanding involving money is cleared up and dismissed. You are moved by someone who has the same steadfast convictions. Making a difference in your world involves small changes.

AQUARIUS (Jan. 20-Feb. 18). There is lots to say and do. You thrive in a busy atmosphere. Boredom hinders your creativity, so simply resolve to give into it. The weekend is confusing, but inspired — trust yourself.

PISCES (Feb. 19-March 20). Meet people you've heard good things about — enjoy some outdoor action. Decisions about your home need to be made. A cost-cutting measure is a good idea now.

RESERVE NOW FOR NOVEMBER



Set an Extra Special Table (We'll show you how)

Table Settings, Tablecloths, Tables, Chairs, Skirting Plus Hostess Items, Roaster, Chaffers, Serving Utensils, Coffee Makers, Coffee Pots & More.

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\$65 BLOWOUT Special
2 Days Includes Hotel, All Meals
Cash Back, Transportation
SUN., NOV. 16-17-97
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MONTHLY FISH FRY

St. Elizabeth Church
FRIDAY, NOV. 7
4:00 P.M. to 7:00 P.M.
"Serving New Icelandic Cod Fish, Catfish, Jacks"
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PLATINUM PARADISE SHOW CLUB

Platinum's Paradise Show Club
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\$2.00 OFF Admission at Centerville Club

DEMOCRATS UNITED
2nd Annual Ball
CHICKEN & BEER
NOVEMBER 7, 1997 - 7 P.M. to 12 A.M.
\$10.00 each
AMVETS HALL
1711 Kennedy Drive Madison, IL
David Hylla Band
Tickets donated by Hamm's Landscaping

Waterloo Sportsman's Club
Shotgun Turkey & Meat Shoot
Featuring Double G Hams
Sunday, Nov. 9th
Enclosed Heated Pavilion
RAIN or SHINE - 12:00 NOON
3-D Bow Shoot
40 Targets 7 a.m. to 1 p.m. Meat Prize
Club Grounds
7 Miles South of Waterloo, IL
Gun Furnished or Bring Your Own
Memberships Available
Lunch and Refreshments
Free Soup
"No Swedge Barrels or Scopes"
Open to the public

The internationally-known
BLACKWOOD BROTHERS QUARTET
will be appearing in concert.
Saturday, November 8, 1997 • 7:00 PM
Calvary Baptist Church
3000 Washington Ave. • Granite City, IL



Their concerts are filled with the songs they helped make famous, from 1934 to the present. Their "parade of songs" spans their 60 year history, including "How Great Thou Art," "The Old Country Church," "Just a Little Talk With Jesus," "I'll Fly Away," and many more.

Enjoy this fabulous group who has traveled more miles, sung before more audiences, ministered in more countries, sold more recordings, and won more awards, while doing the service of the Lord, than any other musical group!

No admission will be charged, although a love offering will be taken. CDs, cassettes and classic pictures will be available for purchase in the church lobby. If you have any further questions, please call the church at 877-0066.

MOVIE SCHEDULE

CARMIE PETITE
170 Hwy. 157, Collinsville, Ill.
344-1708
Kiss The Girls (R) 7:15, 9:45
Dew's Advocate (R) 7:00, 9:45
I Know What You Did Last Summer (R) 7:15, 9:30

EASTGATE CINE
Eastgate Plaza, E. Alton, Ill.
254-5269
Gattaca (PG-13) 4:30, 7:00
4:15, 7:45
I Know What You Did Last Summer (R) 4:45, 7:15

A Life Less Ordinary (R) 4:30, 7:10
Seven Years in Tibet (PG-13) 4:00, 7:00
Kiss The Girls (R) 5:00, 7:30

NAMEKI CINEMA
30 Nameki Village, 877-6630
Rocketman (PG) 6:45
The Edge (R) 7:15

Sts. Cyril & Method Church
ETHNIC BAKE SALE
Friday, Dec. 19, 1997 • 9am - 5pm
at 4770 Maryville Rd., Granite City, IL
Homemade Breads, Nut Rolls, Pita, Baklava, Ethnic Cookies, Strudels
Phone Orders: 451-2675, 931-6465, 451-6284 • 'til Sun., Nov. 30

Hope Church Holiday Bazaar
200 Dapron Dr. (Across from Memorial Hospital)
Friday, November 7 • 3-8PM
Preview Nite • \$1.00 includes Refreshments
Saturday, November 8 • 9AM-3PM
FREE Admission
• Homemade Soup & Chili • Homemade Candy
• Tot Shop • Sandwiches • Desserts
• Much, much more

KNIGHTS OF COLUMBUS
4225 Old Alton Road • Granite City, IL
FRIDAY, NOVEMBER 7
LIVE MUSIC
"Chris Krause" - 8:30-12:30
NEW YEAR'S EVE TICKETS ON SALE NOW!
\$25 PER PERSON
only 300 tickets available
1st come, 1st served
Entertainment Every Friday
Friday 11/14 - Chris Krause
For Information call 877-4250

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CINE
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Picture Perfect (PG-13)
Fri/Sat 7:00 9:15 Sun/Thurs 7:00
Sat/Sun Mat 2:00

COTTONWOOD MALL CINEMA
Upper Level (back road to Walmart)
Edwardsville • 455-6190 • All \$15 \$2.00
Sat/Sun Matinees in brackets

I Know What You Did Last Summer (R)
Fri/Sat 4:30 7:15 9:30
In & Out (PG-13)
Fri/Sat 4:45 7:30 9:40
Rocketman (PG)
Sat/Sun 4:15 6:45 9:00

QUAD CINEMA 4
5700 N. Bell West Belleville • 233-1220
\$3.50 All Shows Before 6 pm
Sat/Sun Matinees in brackets

Red Corner (R)
Fri/Sat 4:45 7:30 9:40
I Know What You Did Last Summer (R)
Fri/Sat 4:45 7:30 9:40
Devil's Advocate (R)
Fri/Sat 4:45 7:30 9:40
Kiss The Girls (R)
Fri/Sat 4:45 7:30 9:40

NAMEKI CINEMA ALL SEATS \$2.00
Nameki Village, Granite City • 877-6630
Rocketman (PG)
Fri/Sat 6:45 9:00 Sat/Sun Mat 2:15
Sun/Thurs 6:45
The Edge (R)
Fri/Sat 4:15 6:45 Sat/Sun Mat 2:00
Sun/Thurs 7:15

EASTGATE 6
Eastgate Center, E. Alton • 254-5269
14:00 All Shows Before 6 pm
\$5.00 All Shows Before 6 pm
Gattaca (PG-13)
Fri/Sat 4:30 7:00 9:15 Sun/Thurs 4:30
Sat/Sun Mat 2:00
Seven Years in Tibet (PG-13)
Fri/Sat 4:00 7:00 9:00 Sun/Thurs 4:00 7:00 9:00
Fairy Tale (PG)
Fri/Sat 4:15 6:45 9:00 Sun/Thurs 4:15 6:45 Sat/Sun Matine 1:30
I Know What You Did Last Summer (R)
Fri/Sat 4:45 7:15 10:10 Sun/Thurs 4:45 7:15 Sat/Sun Matine 2:15
Kiss The Girls (R)
Fri/Sat 5:00 7:30 10:00 Sun/Thurs 5:00 7:30 Sat/Sun Matine 2:00
A Life Less Ordinary (R)
Fri/Sat 4:30 7:10 9:30 Sun/Thurs 4:30 7:10 Sat/Sun Matine 1:15

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SOCIETY NEWS

Kamacho girls celebrate birthdays

Alyssa Kamacho, 8, and Amber Kamacho, 10, were each honored on their birthdays recently with a bowling birthday party given by their parents, Janice and George Kamacho at Bowland.

Bowling and a tour of the facility was enjoyed by all the

guests present. Pizza and soda was served, followed by a unicorn cake for Alyssa and a Taz Devil cake for Amber's party. Each was presented a souvenir bowling pin that was signed by all her guests and a birthday T-shirt.

Guests who attended one or

both of the parties included: Angela Kamacho, Minnie Kamacho, Marguerita and Nikki Skipper, Ronny Amber, Jamie, and Hollie Nelson, Veronica Voegel, Heather and Kim Smith, Scotty Hill, Casey Clark, Deja Cathy, Haley Potillo, Pete Nelson, Debbie, Joshua, and Ryan Nelson, Cecelia Kamacho, Ron and Libby Wilson, Beau and Cody Tatum, Kevin Fischer, Brevan Flaughner and Denine Bridgmond.

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BIRTH

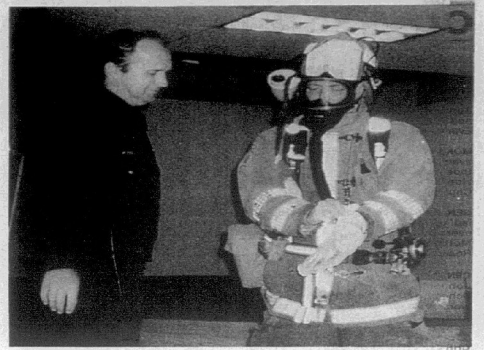
Sara Jones

JOHN AND LORI JONES of Venice have announced the birth of their first child, a daughter.

Sara Ann was born at 8:46 p.m. July 26, 1997, at Anderson Hospital in Maryville. She weighed 5 pounds, 6 ounces.

Her maternal grandparents are Dennis and Joan Laboratory of Granite City.

John and Robin Jones of Granite City and Gary and Nancy Greene of Eldon, Mo., are the paternal grandparents.



Firefighters Bryan Schmidtke, left, and Mike Richardson

Firefighters visit Pack 15

Pack #15 held their October fire prevention pack meeting, at 7 p.m. on Oct. 16, 1997, at their sponsors hall, Eagles Aerie 1126.

Assistant Cub Master, Curt Lloyd opened the meeting, with the lighting of the scoutling candle.

He asked Den #2, led by Harry Rogers and Mike Boland, to present the colors.

Lloyd made a few announcements of upcoming events, including news that the Scouts are for food bags, which were picked up Nov. 1, were to be brought to the Eagles Hall to be counted and delivered to designated charities.

The Granite City firemen visited Pack #15 to talk about fire safety and to show the scouts the new imaging helmet. The firemen were Bryan Schmidtke and Mike Richardson.

The firemen also gave the boys literature and magazines on fire prevention.

Pack leaders provided the refreshments. Lloyd asked everyone to rise as the den retired the colors.

Calendar

(Continued from Page 6B)

Veterans Services

DISABLED AMERICAN VETERANS, CHAPTER #3 will offer a service, officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans Home, located at 1417 13th St. in Granite City. Call 876-7616 for more information.

DISABLED AMERICAN VETERANS, CHAPTER AUXILIARY #147 13th St., Granite City, 876-7616, 8 p.m. first and third Monday of each month.

THE VETERAN AFFAIRS REGIONAL OFFICE of St. Louis offers expanded service for callers seeking information about education benefits. An education case manager will be available at (888) 61-BILL-17 or (888) 442-4551, from 7 a.m. to 4 p.m.

Other

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diana at 876-1360.

MADISON COUNTY GENEALOGICAL SOCIETY, meets 7 p.m., second Thursday of each month, at Immanuel United Church, 600 N. Main, Edwardsville.

EDWARDSVILLE KENNEL CLUB, 7:30 p.m. second Thursday of each month, Hayes Mallory Community Building, 216 Crane St., Edwardsville, open to public.

VENICE PARK BOARD, fourth Thursday of each month, 8:30 p.m., Venice Recreation Center, 451-7201.

CRAFT SHOW AND FLEA MARKET, will be the third Sunday of each month from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 766-2613.

EAGLES AUXILIARY 1126 BINGO, 1 p.m. every Sunday at the Nampoki Bingo Center. Also included will be a color raffle, 50/50 drawing, free games and other raffish.

OLD SIX MILE MUSEUM, 327 Mapleville Road, Granite City, is open to the public each Sunday from 1 to 4 p.m. through Dec. 16. Special tours for groups are available. Call 931-3223 to arrange a tour or call 931-3252 for more information.

HANGIN' OUT, led by youth minister of Nampoki United Methodist Church, 1900 Pontoon Road, every Thursday evening from 5:30 to 7:30 p.m. For more information, phone 877-1936.

GATEWAY SOUNDS CHORUS, 7:30 p.m. every Tuesday at the Collinsville Senior Citizen Center, 420 E. Main, Collinsville. For more information call Joyce Greiner at 888-8853.

PARENTS AND FRIENDS OF METRO EAST LUTHERAN HIGH SCHOOL IN EDWARDSVILLE are sponsoring their Fall Craft Fair on Nov. 1, from 9 a.m. to 4 p.m.; and Sunday, Nov. 2, from 12 noon to 4 p.m. There will be a bake sale and concessions available to purchase. For more information call Metro-East at (618) 656-0043.

DEMOCRATIC UNITED are having their second annual ball from 7 p.m. to 12 a.m. on Nov. 7 at Armvets Hall, 1711 Kennedy Dr., Madison. The David Hyla Band will play and admission is \$10.00 a person.

'97 Countdown Is On!

'97 Plymouth
NEON



Magenta
Stk. #93441
\$8,971

'97 Plymouth
BREEZE



White
Stk. #93442
\$11,463

'97 Chrysler
LHS



Black
Stk. #93324
\$21,982

'97 Dodge
STRATUS



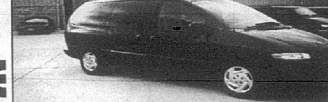
White
Stk. #93419
\$12,287

'97 Dodge
INTREPID



White
Stk. #93422
\$14,573

'97 Dodge
GRAND CARAVAN SE



Emerald Green, Rear Heat & Air, Quad Seating, Loaded
Stk. #93388
\$19,966

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'93 MERCURY COUGAR XR7
Red, loaded
\$7,953



'96 CHRYSLER SEBRING JX
Low miles, White
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'96 DODGE RAM 1500 SLT
4x4 CLUB CAB 1 owner,
\$19,995



'96 DODGE RAM 1500 SLT
1 owner, low miles, super sharp
\$16,972



'94 CHEVROLET SILVERADO
3/4 TON 4x4 clean, 1 owner
\$15,763



'88 CHEVROLET S10
club cab, good little truck
\$2,995



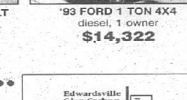
'93 CHRYSLER 5th AVENUE
1 owner, clean car
\$7,982



'94 GMC 1500 SLE
club cab, Blue
\$16,872



'96 DODGE RAM 1500 SLT
4x4 super nice truck
\$16,450



'93 FORD 1 TON 4x4
diesel, 1 owner
\$14,322

ALL ROADS LEAD TO CASSENS....

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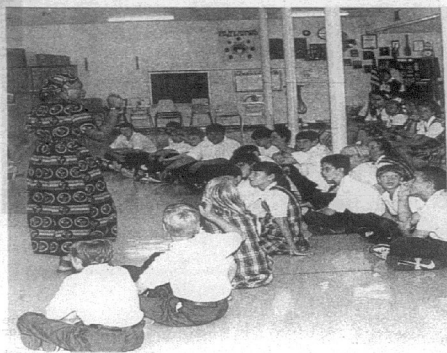
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Look for the money saving coupon insert from local merchants inside today's Journal!

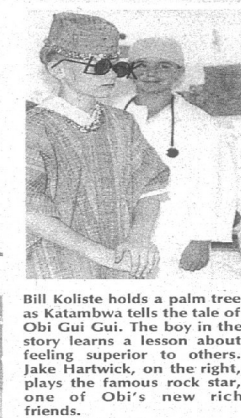
SHONEY'S
Pizzeria
Obrien
Pizzeria
IMOS
Pizzeria
FLEA MARKET
MADISON COUNTY GENEALOGICAL SOCIETY
EDWARDSVILLE KENNEL CLUB
VENICE PARK BOARD
CRAFT SHOW AND FLEA MARKET
EAGLES AUXILIARY 1126 BINGO
OLD SIX MILE MUSEUM
HANGIN' OUT
GATEWAY SOUNDS CHORUS
PARENTS AND FRIENDS OF METRO EAST LUTHERAN HIGH SCHOOL
DEMOCRATIC UNITED

SCHOOL NEWS



African lore

At left, Janice Katambwa, a storyteller from Cahokia who specializes in African folk tales, gets the students at St. Elizabeth School in Granite City to interact with her story in her visit last month. Here she entertains students from the sixth, seventh and eighth grades. Below, while acting out one of her stories, Katambwa listens for the response of Obi Gui Gui, played by Jared Foley, left, when his poor father, played by Ryan Fichte, right, comes to call on him during a party with Obi's rich friends.



Bill Kolist holds a palm tree as Katambwa tells the tale of Obi Gui Gui. The boy in the story learns a lesson about feeling superior to others. Jake Hartwick, on the right, plays the famous rock star, one of Obi's new rich friends.

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GRAVOIS BOOTERY

Wedding Memories

A special tribute to couples wed from 1900-1997 will appear on Sunday, November 23.



Honor your parents or friends or rekindle your own memories by placing a special tribute in this special section.

The deadline is Tuesday, November 18, and the price is the year the couple was wed. For example: If you were married in 1933, the cost of the ad would be \$19.33. To submit your tribute, complete the form below, include photograph & payment and mail to Suburban Journal, 1714 Deer Tracks Trail, St. Louis, MO 63131. Please put your name and address on the back of the photos so that we may return them. If you have any questions, please call us at (314) 966-FAST (3278).



Wedding Memories

General Dept., Suburban Journals, 1714 Deer Tracks Trail, St. Louis, MO 63131

Names of Bride & Groom _____

Date of Wedding _____ Location of wedding _____

City _____ State _____ Zip _____

Price is year couple wed: \$ _____ Discover CC# & Exp. _____ Check/Money order or

Mark the Zone ☐ South ☐ Jeff ☐ West ☐ North ☐ St. Charles ☐ Illinois

Signature: _____ Phone Number: _____

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12 Year Anniversary Sale
30%, 40%, 50%, Up To... **65% OFF**
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JEWELRY REPAIR CERTIFICATE
\$10 OFF
JEWELRY REPAIR ON PREMISES
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Loose or Missing Stones

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\$3.50
Most watches, limit 1 per customer, some restrictions. With coupon. Expires 12/24/97

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10450 Lincoln Trail, Fairview Heights
398-5101
1 Mile West of St. Clair Sq. on U.S. 50

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This Special Certificate is worth \$10.00 toward any jewelry repair service totaling \$30.00 or more.
Excludes previous repairs VALID THRU 12/24/97

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Family Practice

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Todd L. Paxton, DO.....451-0700/692-9250

Edward A. Wolff, MD.....451-0700

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Michael C. Adams, MD.....451-1500/692-9250

William G. Bonzelet, MD.....692-9250/344-0068

Michael C. Fusco, MD.....451-1500/344-0068

Lawrence T. Harmon, MD.....451-1500/692-9250

Kevin L. Konzen, MD.....451-1500/692-9250

Paul G. Malcharek, MD.....451-1500

Internal Medicine/Cardiology

Thomas E. Martin, MD.....451-1500/692-9250

Abdul Razzaq, MD.....876-8214

Internal Medicine/Infectious Disease

Benedict F. Painter, MD.....451-1500/344-0068

Pediatrics

Jo Anne M. Malcharek, MD.....451-1900

Jeanne M. Trimmer, MD.....659-5437

Specialty Care

Cardiothoracic Surgery
Richard Y. Highbloom, MD.....451-1500

Invasive Cardiology
Sheldon D. Lewis, MD.....451-1500

Harvey Serota, MD.....451-1500

Rheumatology
Irl J. Don, MD.....451-1500

Please welcome. . .



JoAnne M. Malcharek, MD

a new Pediatrician in Granite City
who recently joined Drs. Michael Adams,
Robert Blankenship, William Bonzelet,
Crisale Cosas, Michael Fusco, Lawrence
Harmon, Kevin Konzen, Paul Malcharek,
Thomas Martin, Benedict Painter, Todd
Paxton, Abdul Razzaq, Jeanne Trimmer
and Andrew Wolff.

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\$37.25 ea. - 2 For \$74.50		\$42.25 ea. - 2 For \$84.50		\$47.25 ea. - 2 For \$94.50	

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SCHOOL NEWS

Fielding named student of month

Sarah Fielding is one of the Elks' students of the month for September.

She is the daughter of David and Connie Fielding. She attends Granite City High School and formerly attended Frohardt grade school.

Fielding's awards and honors include the "I Dare You Award" from the Danforth Foundation, Who's Who Among American High School Students, Belleville Area Youth Salute - Student of the Year, president of the National Honors Society, the Hugh



Sarah Fielding

O'Brian Youth Foundation Ambassador, VFW essay contest winner, Optimist club oratory award, Illinois Leadership Academy graduate, DARE role model, National Forensics League and the International Thespians Society.

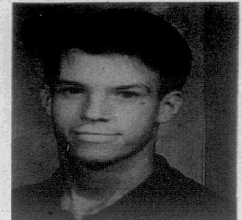
Her extracurricular activities include junior varsity and

varsity Scholar Bowl team, Students Against Drunk Driving, secretary and president of the Speech and Theater club, school theatrical productions, Future Health Occupations club, vice president of the social studies club, Win With Wellness team, environmental club, speech team, Alpha Peer leader and a member of the debate team.

Fielding is also involved in the community. She is in the Lutheran Youth Fellowship, directed and choreographed a full-length children's musical, a vocational Bible school helper, and a HOME Foundation board of directors youth representative. She plays the violin at many community functions such as a DARE fund-raising dinner, Protestant Welfare and Church Women United "Music, Music" program.

Summer activities and employment include babysitting, working at Weather-vane ice cream shop and traveling to Chicago, Door County, Grand Canyon and San Antonio.

In her spare time, Fielding likes to go kayaking, do piano composition and study violin.



Joseph Herman

Herman is named by Elks

Joseph Herman is one of the Elks' students of the month for September.

Herman is the son of Robert and Cecelia Herman. He attends Granite City High School and formerly attended St. Elizabeth's and Worthen elementary schools. His awards and honors include the vice president of the National Honors Society and the Illinois Leadership Academy.

Herman's extracurricular activities include the science club, environmental club, foreign language club, president and treasurer of the social studies club, deputy captain of the Scholar Bowl team and the tennis team.

He is also involved in the community as a part of the St. Elizabeth's youth group, an altar boy and also spends time tutoring others.

Summer activities and employment include ground-keeping at Belleville Area College, travel to Germany, Houston and Canada. His year-round employment includes working as a part-time supervisor at the Knights of Columbus Hall, and a USSF-certified soccer referee.

In his spare time, Herman is found busy playing guitar, tennis, weightlifting, fishing, camping, hiking and rock climbing.

Soloman at Hanover

Amanda Soloman of Granite City has begun her freshman year at Hanover College. Soloman is a graduate of Granite City Senior High School and is the daughter of Mr. and Mrs. Richard Soloman of Granite City. Hanover College is a private co-educational liberal arts college in Indiana.

Do you have special company coming over for Thanksgiving?

If not, it's not too late to find some company. Place a FREE ad in *Meet & Match* right now and share the holiday with someone special.

To place a FREE Voice Personal ad, call **1.800.442.1289**. You must be 18 or older.

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We want to thank all of our customers for the support they gave us this year. Hope to see you back in the spring with some improvements and new ideas that we hope you'll like.

Thanks again
Bob & Mary

HWY 40 - Troy, IL

GCC job fair set

Belleville Area College's Granite City Campus, 3950 Maryville Road, will host its Fall Job Fair from 8:30 a.m. to noon Thursday, Nov. 13.

Representatives from more than 100 Metro East and St. Louis companies will discuss job opportunities and receive resumes from prospective applicants.

For more information on the Fall Job Fair, call the GCC Career Placement Center at 931-0600.

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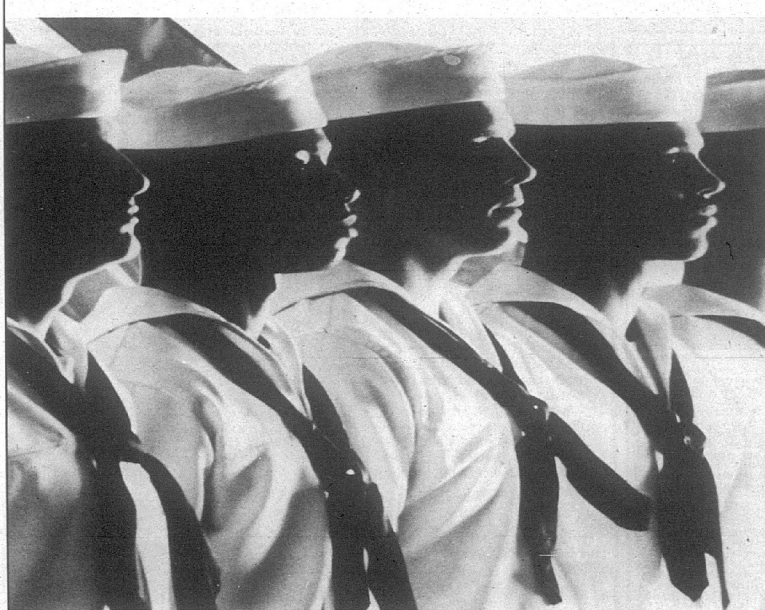
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Marching for a cause

Frohardt School participants in the "Drug Free by 2000" parade: Seth Paterson, Emily Smallman, Emily Fouts, Ashley Drury, Casey Curless, Steve Balsi, and Elizabeth Balsi. The Chairman of the Frohardt "Drug Free by 2000" activities was Tracey Paterson.

SIUC names candidates

Southern Illinois University at Carbondale recognized 2,036 undergraduate degree candidates during commencement ceremonies Aug. 2.

In addition, four students graduated from the SIU School of Law.

Belleville
Daniel O. Campos, BS
Patrick J. Ganey, BA
Thomas M. Wodarczyk, BA
Collinsville
Julie A. Hanke, BA
Columbia
Michael A. Conrad, BA
Scott J. Durfee, BS
Edwardsville
Troy Arnold, BS
Fairview Heights
Kenneth M. Rhude, BS
Freeburg

Craig S. Moxon, BS
Millstadt
Lisa A. Schremp, BS
Tracy C. Wuerz, BA
New Athens
John E. Brewer, BS
Peter J. Cinotto, BS
O'Fallon
David B. Holden, BS
Jennifer L. Hollenkamp, BS
Kenneth R. Voelkerding, BS
Carmen L. Whigham, AAS
David P. Wolf, BS
roy
Michael J. Brown, BA
Venice
Wakita P. Walker, BA

Lady Justice is near death in Madison County Illinois.



Lady Liberty's sister, Lady Justice, is gravely ill and near death in Madison County, Illinois. Lady Justice's death is expected Wednesday morning November 5, 1997 some time after 9:00am in Judge Bono's Court Room. This is the time Judge Bono is scheduled to hear Mitchell's request for a change of venue to move its suit for administrative review of Madison County. See related story elsewhere in this paper. Help Mitchell fight back - send donations to Mitchell Incorporation Committee, 213 East Chain Of Rocks Rd., Mitchell, IL 62040

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Lady Liberty is DEAD in Madison County Illinois.

Freedom minded citizens everywhere mourn her tragic death. See obituary below.



Lady Liberty was born in Paris, France on July 4, 1884. She moved to Liberty Island in New York Harbor on October 28, 1886.

Lady Liberty took ill from large doses of corporate and political greed in Madison County Illinois. At the time of her death she had been expecting the birth of a new offspring to be named Mitchell. Mitchell expected to be born on Election Day November 4, 1997. The tragic death was attributed to a malignant growth intruding deep into her womb.

The creeping cancerous tentacles of annexation had already entwined themselves around Mitchell's main artery - historic Route 66. The expectant child remains in serious condition. Extra ordinary measures are being taken to sustain Mitchell's life. Mitchell is awaiting transfer out of Madison County to a new venue where Mitchell can be given the opportunity to live and grow.

Help Mitchell fight back - send donations to Mitchell Incorporation Committee, 213 East Chain Of Rocks Rd., Mitchell, IL 62040

Mock attends reunion

Laura Mock, who graduated from the Granite City Campus of Belleville Area College in 1993, attended the recent reunion for former secretarial students.

Mock of Granite City graduated from the GCC in 1993 with an associate of applied science degree in secretarial science and in 1994 with a similar degree in information/word

processing.

She now works at the Granite City law firm of Morris B. Chapman & Associates, serving as executive secretary to senior partner Morris B. Chapman and medical paralegal Kathy Wuebbels.

At the GCC, teachers know you by your name, not a number, Mock said.

GC native becomes M.D.

Tammy Minghui Dong of Granite City earned the doctorate of medicine degree from University of Illinois at Chicago at the close of the spring semester.

Some 25,000 students study in one or more of UIC's 14 colleges and the University of Illinois at Chicago Medical Center. UIC is one of only 88 universities in the nation to receive the prestigious Research I designation from the Carnegie Foundation for the Advancement of Teaching.

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BAC Fall Job Fair

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Today's Food

Wednesday, November 5, 1997

Food & Nutrition

Wise Ways

Knowing what a kid-size portion is helps add up and right-size valuable nutrients.

INSIDE

Heart-y Bites

Dried beans are not aliens that just fall from a pod onto a plate. They are a delicious, nutritious encounter of the plant kind.

INSIDE

Blue Ribbon Cook

Winning date cookie recipe kicks off the baking season.

INSIDE

Private Label Test Run

Is bigger better? Local supermarkets follow the lead of national companies to serve up jumbo biscuits and cinnamon rolls in individual private label brands.

INSIDE

Micro Raves

Peanuts are more than peanut butter when they are mixed with luscious flavors, like chocolate, in a pie.

INSIDE

Lively Taste

If mashed potatoes have been off the menu awhile because of their preparation time, give flavored dried mashed potatoes a try. The flavor, such as garlic or butter and herbs, avoids telltale signs that fresh potatoes haven't been prepared just before the meal. Because the flavor avoids a topping like gravy, they can be used similarly to a baked potato, with additions of curried vegetables or chili beans on top, too.

Health & Fitness

Medicine Chest

As people age, appetite may decrease. A poor appetite can cause a person to fail to get enough essential vitamins and minerals to stay healthy. Try to vary food to include at least five servings of fresh fruit and vegetables every day. This also helps prevent or relieve constipation, which less exercise may cause.

Fresh Picks

With the popularity of fresh onions, it pays to know how to cut them without the task bringing tears. While onions should not be refrigerated for storage, chill one that will be used a few hours before cutting. Cut off the top first. Peel down its outer skin. While cutting, leave the root end (bottom) intact.

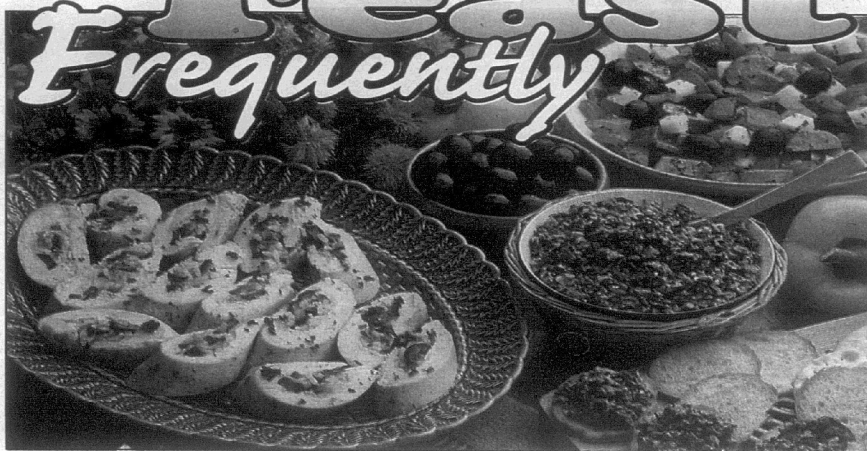
Big Fat Tip

Dessert can be guilt-free with cappuccino sundaes. In a small saucepan, bring 1/3 cup water and 1/2 cup sugar to a boil, stirring until sugar is dissolved. Boil gently about 1 minute. Whisk in 2 to 3 tablespoons instant espresso or coffee powder and 1/3 cup cocoa powder (pressed through a fine mesh sieve or sifted, if lumpy) until thoroughly incorporated and smooth. Scoop fat-free frozen yogurt, preferably a flavor like coffee fudge, into coffee cups or dessert dishes. Spoon warm sauce on top and dollop with nonfat whipped topping. This makes enough sauce for 4 sundaes.

Future Shop

When Mr. or Ms. Everyday joins George Jetson on a space trip, there will be more than Tang aboard. As part of the Food for the 21st Century nutrition science seminar series at Missouri University, Scott Smith, research nutritionist at NASA Johnson Space Center, said astronauts enjoy eating real food, rather than nutrition-packed pills. For instance, on Mir, all astronauts eat an international dish like borscht at least once a week. Skylab kept more refrigerated and frozen foods than the shuttles, so meals were more home-style. Bone loss is the biggest physiological problem of long trips, like a proposed five-year visit to Mars. Lack of gravity keeps fluids away from lower extremities, so dehydration and renal stones add to space travel's risk. Extra vitamin D is needed because spacecraft lack sunlight.

Feast Frequently



By Janice Denham
Staff writer

Elegant is out, but entertaining still is in. Practice makes perfect when the goal is dinner with the family or friends. Eating in becomes a habit.

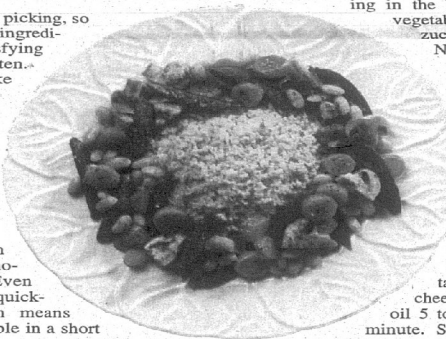
Foods are ready for the picking, so plan to mix and match ingredients for simple and satisfying feasts that fill the table often.

Simple techniques make them possible:

- Dress up packaged grains. Many products, such as rice and pasta, already come in flavors. Couscous and taboule are newcomers on the shelf.

- For less sodium, start with plain, unseasoned grains and flavor with favorite reduced-salt or no-salt blends or herbs. Even brown rice comes in a quick-cooking version, which means healthier types are cookable in a short time, too.

There is no commandment that all the seasoning in a package must be used at one time or that a packet of flavored pasta cannot be stretched with unseasoned cooked pasta. A little broth, milk or water may be needed for consistency.



- Simplify by mixing elements and colors. Add multi-hued strips of bell pepper to pilaf, chop up the solid flesh of a tomato for pasta salad or bake fish with slices of tomato or orange on top.

- It is not necessary to have bounty overflow-ing in the back yard before seasonal vegetables come to the table. Fresh zucchini is as convenient in November as in July. Frozen vegetables range from greens to artichokes, Brussels sprouts to peas. Many cooks consider frozen vegetables the norm, because they can be used from a bag in quantities desired.

- Broil 2 medium vegetables -- like thin zucchini slices and chunks of red bell pepper -- tossed with minced garlic, rosemary, thyme, 2 tablespoons grated parmesan cheese and 2 tablespoons olive oil 5 to 7 minutes, stirring every minute. Stir into cooked, seasoned pasta, or serve warm on a chicken salad or sandwich.

- Add touches that normally would be saved for special occasions. Toss frozen pea pods into bean salad from the deli. Use black or cannellini beans, instead of kidney beans in chili. Start with any salad

SEE FEAST IN TODAY'S FOOD PAGE 2

Oatmeal



Sticks to Your Ribs

Make breakfast hearty and delicious. Try oatmeal in flavors kids like. Serve it cooked or uncooked.

Cold: Muesli is made ahead and refrigerated so it is ready to use.

For a basic recipe, combine 2 cups uncooked (not instant) oats, 1-1/2 cups fruit juice, 1-1/3 cups coarsely chopped frozen (thawed) or peeled fresh fruit, 1 carton (8 ounces) yogurt and 1/4 teaspoon cinnamon or nutmeg. Refrigerate overnight. Add fresh fruit on top to serve. This keeps a few days.

For peach muesli, use apple juice, peaches, vanilla yogurt, nutmeg and berries on top. For a berry lover, combine apple juice or cranberry cocktail, canned blueberries in juice, blueberry yogurt and cinnamon.

Hot: If a child likes sticky oatmeal, be flexible and serve it that way. For

other tasty toppers, try berries, brown sugar and low-fat milk; sliced banana, cinnamon and vanilla yogurt; raisins, cinnamon and chopped nuts; applesauce and cinnamon; diced peaches and a pinch of ginger; chopped dates, walnuts and nutmeg; chopped pears and dried cranberries; dried apple and raisins.

For more free recipes using oats, including cookie recipes for after-school snacks, send name and address to: Most Requested Recipes, P.O. Box 487, Department N, Chicago, Ill. 60690-0487.

Kids' Cuisine

Today's Food

Wise Ways

Kid-size portion relates to size of child

In a world of super-size fries and 64-ounce soft drink cups, it is easy to lose track of "normal" portion sizes for adults, much less small children. How can anyone tell if kids are eating the servings recommended in the food guide pyramid if a serving is hard to recognize?

Registered dietitian Connie Evers outlines recommended serving sizes for infants, toddlers and preschoolers in her electronic "Feeding Kids Newsletter."

Infants (5 to 6 months): One tablespoon strained fruit, vegetable or infant cereal is a serving. Evers wisely advises against being too concerned over giving the "right amount."

"Some infants will do well to eat a tablespoon (ful), while some larger, hungrier babies may eat the entire jar. Let the baby take the lead in providing cues for when he's hungry and when he's ready to quit eating."

Toddlers: By age two, a child should be eating from all the food groups. Serving sizes include 1/2 slice bread, 2 crackers, 1/4 cup pasta or rice, 1/4 cup cooked vegetable, 1/2 banana, 1/2 cup milk or yogurt, and 1 ounce meat, chicken or fish.

Of course, smart parents realize toddlers do not operate by "recommended serving sizes." Appetites, growth and food preferences change as quickly as the weather. Offer a variety of healthful foods from all the food groups and let the toddler choose.

Pre-school: By the age of four, adult-size portions of the pyramid apply. A four-year-old eats nearly as much as an adult (1,800 calories for an average 4-to-6-year old). However, a child's smaller stomach means those calories must be spread out into frequent meals and snacks.

Imagine how overwhelming a large, adult-size plateful of food can appear to a small child. Children respond better to small portions to begin, so they have the option to ask for more if they are still hungry and the security that

CREATE THE PERFECT PARFAIT

Clear plastic cup or glass
Measuring spoons and measuring cups
Lemon, vanilla or plain yogurt (nonfat or low-fat)
Your choice of fruit: blueberries, strawberries, bananas, kiwi, peach, etc.
Low-fat granola or Grape Nuts

1. Wash your hands with soap.
2. Gather the ingredients for your parfait.
3. Carefully chop or slice fruit in bite-size pieces. Ask an adult for help, if you are not allowed or don't know how to use a knife and cutting board.
4. Measure 1/4 cup yogurt and place in the bottom of your cup.
5. Place 2 tablespoons fruit on top of the yogurt.
6. Repeat steps No. 4 and 5, layering yogurt and different types of fruit until your cup is almost full.
7. Sprinkle 1 to 2 tablespoons granola or Grape Nuts on top.
8. Eat and enjoy.
9. Clean up your mess.

dinner plate. It looks puny, doesn't it? Stress that it is not so hard, after all, to get the recommended six to 11 grain servings a day.

•Learn to recognize a three-ounce portion of meat, chicken or fish by comparing it to the size of a deck of playing cards.

Evers' balanced perspective should be appreciated: Know what a serving size is, but do not get "hung up" on counting and measuring.

The Food Guide Pyramid is a good guide, but it is only a guide, after all. The best way people of any age should determine how much to eat is to listen to their bodies and respond to internal signals that tell when they are hungry and when they are full.

Connie Evers' newsletter is available on the Internet at <http://www.teleport.com/~eversc> (a tilde precedes "eversc").

Here is a measuring activity for kids from Evers with results worth eating.

Registered dietitian Cynthia Fauser is nutrition specialist with Missouri Extension (University of Missouri system) in St. Louis County.

By SHERRI HOYT

Heart-y Bites

Humans appreciate humble bean in hummus

Several years ago, while visiting my favorite bagelry, a new spread caught my fancy. Bite-size bagel chunks, hummus on the counter around a plastic tub of putty-colored spread with a small sign reading "hummus."

Eagerly smeared it over a bagel bite. With a consistency of thin peanut butter, hummus tasted of garlic with a subtle nuttiness. It was love at first bite!

For months, I was the shop's most loyal hummus connoisseur. It was great as a spread or dip for bagels, vegetables, pretzel sticks and pita crisps, as well as a sandwich filling dressed with tomato, green onion and sprouts.

Hummus was especially appealing because of its humble beginnings on beans. Traditionally made from pureed garbanzo beans (chickpeas), hummus often is flavored with tahini (sesame seed paste), olive oil, lemon juice and seasonings.

My family's gradual move toward a more plant-based diet means they eat plenty of dried beans, peas and lentils, known collectively as legumes. Legumes are the seeds of plants whose pods split on two sides when mature.

An excellent source of cholesterol-free protein, just one-half cup of cooked legumes provides one serving from the meat and meat substitute group of the Food Guide Pyramid.

There is more. Legumes add calcium, iron, potassium, magnesium, B vitamins and fiber

ROASTED GARLIC HUMMUS

1 can (15-1/2 oz.) garbanzo beans (chick-peas), drained, rinsed
3 tbsp. plain nonfat yogurt
2 tbsp. water
1 tbsp. lemon juice
1 tbsp. tahini (sesame seed paste)
1/2 tsp. ground cumin
1/4 tsp. salt
1 tsp. roasted, minced garlic (from a jar)
Ground red pepper

In blender or food processor, process beans, yogurt, water, lemon juice, tahini, cumin, salt and garlic with red pepper to taste until smooth.

Store in airtight container in refrigerator.

Makes 4 servings; 125 calories, 8 g protein, 20 g carbohydrate, 3 g fat, trace of cholesterol, 246 mg sodium (after draining and rinsing) and 5 g dietary fiber each.

to the diet. An average half-cup serving provides seven grams of dietary fiber, most of it the heart-healthy soluble kind. Eating more delicious foods with soluble fiber may help lower blood cholesterol levels, helpful in decreasing the risk for heart disease.

By themselves, most legumes are bland or "earthy." However, they mingle well with foods to complement other flavors.

There are ways to avoid the time-consuming soaking. Some varieties, like dried peas and lentils, are palatable without soaking.

With the whiz of a can opener and a quick shower under the kitchen faucet, canned beans from a grocer's shelf are ready in an instant. Rinsing them cuts their sodium content by 40 percent.

The easiest way for my family to become used to legumes in meals and snacks has been in place of ground meat in familiar

recipes.

For example, on a hectic weeknight, I found I had no ground beef for stuffing green peppers. Searching the pantry for a substitute main dish, I spied a can of red beans and used my imagination.

I combined the rinsed and drained beans with an equal amount of cooked brown rice, a pinch of basil, splashes of Worcestershire and tomato sauce, plus a sprinkle of shredded cheese.

After a few minutes in the microwave oven, the stuffed peppers retained their dinner design, but with a twist.

Legumes now show up on my family dinner menus frequently. •Rolling black beans, salsa, corn and a sprinkle of cheese in warm tortillas.

•Stirring red beans into spicy marinara sauce to serve over linguini. •Adding cannellini or great Northern beans to prepared soup.

•Tossing kidney beans into pasta salad.

•Simmering black bean or split pea soup for an entree in a chilly night.

•Mixing a medley of three or more bean varieties with chopped tomato and nonfat Italian salad dressing for a side dish or sandwich filling.

Toss out the window the old notion that legumes must be combined carefully with grains or animal protein at meals. By eating a variety of healthful foods throughout the day, the body gets all the essential amino acids it needs.

Hummus recipes heavy with olive oil and tahini stack up fat grams quickly. This version, adapted from Cooking Light magazine, deletes oil, uses a small amount of tahini and relies on seasonings to liven the flavor.

Registered dietitian Sherri Hoyt is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

RICE OLE

In 2-1/2-quart microwave-safe dish. Cook, covered, on high power 6 minutes.

Add 1 teaspoon chili powder, 1 teaspoon garlic

salt, 1 can (14-1/2 ounces) peeled, chopped tomatoes, and 3 cups cooked rice. Stir. Cook, covered, on high power 4 minutes. Let stand

5 minutes. Makes 6 servings; 128 calories, 3 g protein, 2 g fat, 24 g carbohydrate and 489 mg sodium each.

Feast

Continued from front page

from the deli and add olives, pickles and other vegetables as flavors and colors fit.

For a topping on crackers and toasted French bread, blend 1-1/2 cups whole ripe olives, 3 tablespoons capers (drained), 4 teaspoons lemon juice, 1 tablespoon olive oil, 2 teaspoons Dijon mustard and 2 to 3 cloves garlic until coarsely pureed. Stir in 1/4 cup finely chopped fresh basil and 1/4 cup grated parmesan cheese. This also is tasty over cooked fettuccine.

Prepare part of the meal the night before. For instance, chicken and rice for Chicken Citrus Spirals can be prepared the night before, then assembled and baked before serving.

For "Dinnertime Survival," a free booklet that peeks into chefs' kitchens for smart recipes and tips, write to: California Olive Industry, Department DS, P.O. Box 7790, Fresno, Calif. 93747.

For creative recipes from the Near East, which markets grain dishes like couscous, rice and pasta, call toll-free 1-800-399-4488 between 9 a.m. and 4 p.m. weekdays or write to: Consumer Response, Near East, 7 New Lancaster Road, Leominster, Mass., 01453.

CITRUS CHICKEN SPIRALS

6 boneless, skinless chicken breasts
2 cups bottled citrus or other marinade
1-1/2 cups sliced ripe olives
2 cups cooked, cooled rice
1/2 cup sweet orange marmalade

Preheat oven to 400 degrees. Coat baking sheet with nonstick cooking spray.

Using mallet or side of saucer, flatten chicken between 2 sheets of aluminum foil, plastic wrap or waxed paper.

In shallow bowl, pour marinade over chicken. Refrigerate, covered, several hours or overnight.

Combine olives, rice and marmalade. Remove chicken, reserving marinade. Spread 1/2 cup olive mixture over each chicken breast.

Roll chicken into tight cylinders. Place seam-side down on prepared baking sheet. Bake in preheated oven about 20 minutes until chicken is firm to the touch, basting frequently during first 10 minutes with reserved marinade.

Slice 3/4-inch thick, if desired. Makes 6 servings.

OLIVE PIZZA SALAD

2 cups whole pitted ripe olives
3 cups seeded, diced plum tomatoes
1 cup diced green bell pepper
1 cup cooked Italian sausage (pepperoni or milder sausage)
2 cups cubed mozzarella cheese
1/2 cup Italian salad dressing
1/2 cup chopped fresh parsley
Lettuce, if desired

In large bowl, combine olives, tomato, green pepper, sausage, cheese and salad dressing. Stir gently. Refrigerate, covered, at least 1 hour.

Gently stir in parsley. Serve in lettuce-leaf cups or over shredded lettuce. Makes 6 servings.

CELEBRATION VEGETABLE RAGOUT

1 pkg. (5.9 oz.) parmesan couscous
1-1/2 cups canned vegetable broth
1/2 cup fresh orange juice (about 2 medium)
1-1/2 tsp. finely grated orange peel
1 cup sliced (1/4 inch thick) carrot
1 cup quartered mushrooms
1 cup small sugar snap peas, strings removed if fresh, partially defrosted if frozen
1 can (15 oz.) cannellini or navy beans, rinsed, drained
1/3 cup prepared pesto

Prepare couscous according to package directions. In large skillet, bring broth and orange juice and peel to simmer. Add carrot and mushrooms. Simmer 3 to 5 minutes. Add snap peas and beans. Cook about 3 minutes until tender-crisp. Remove vegetables.

Combine 1/3 cup cooking liquid with pesto. Spoon about 2/3 cup couscous onto center of 4 wide, shallow, pasta bowls or serving plates. Surround with vegetables and cooking broth. Drizzle pesto mixture over all. Serve immediately.

Makes 4 servings; 400 calories, 14 g fat, 1,025 mg sodium, 15 g protein, 54 g carbohydrate and 5 mg cholesterol each.

Recipe

JALAPENO MEATBALLS

2 lb. ground beef
1 can (10 oz.) diced tomatoes and chiles
1 cup cracker crumbs
2 eggs
1/4 cup chopped onion
1/4 cup chopped jalapeno pepper
1 tsp. garlic powder
1/2 tsp. salt
1/2 tsp. pepper

Preheat oven to 425 degrees.

In large bowl, thoroughly combine beef, tomatoes and chiles, crumbs, eggs, onion, jalapeno, garlic powder, salt and pepper.

Shape into 1-inch balls. Place in two 9-by-12-inch baking dishes. Bake in preheated oven 20 to 25 minutes until done. Makes about 72 meatballs.

Combine 1 cup chopped onion, 1 cup chopped green bell pepper, 1/2 cup finely chopped celery and 1 tablespoon butter or margarine

Today's Food

November 5, 1997—Granite City Journal—Page 3C

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 10 lbs. GROUND CHUCK
 5 lbs. BULK SAUSAGE or
 3 lbs. LINK, 2 lbs. BACON, 6 lbs. FRYERS

Micro Raves

By BETTY SERATI

Save room for dessert: It's peanut butter pie

A staple in most kitchens is peanut butter. This high-protein treat tops crackers, stuffs celery, gets smeared on bagels and is sandwiched with jelly between slices of bread.

One great thing about peanut butter is it blends with many different flavors to complement sweet companions, like jelly, or not-so-sweet accompaniments, like celery.

Peanut butter traditionally comes in two varieties — creamy (called smooth) and chunky (with chopped nuts). Of course, it must be expected that anything as gooey as peanut butter must be high in fat. Either variety contains 16 grams fat (144 fat calories) per 2-tablespoon serving.

Now there is also a reduced-fat version, containing 25 percent less than regular peanut butter, with only 12 grams fat or 108 fat calories per 2-tablespoon serving. This translates into a reminder that "reduced-fat" is not fat-free.

Of all the ways to enjoy peanut butter, its creamy texture makes it suitable for dessert, especially pie. When cooking with peanut butter, always heat it gently, so it does not separate. A microwave oven works excellently in this task.

For an incredibly simple, delicious, no-bake pie, combine the flavor of peanut

butter with ice cream. The prepared baked crust can be graham cracker, conventional or chocolate.

When making a conventional crust in a microwave oven, the crust gets flaky and tender, but does not cook long enough to brown. To increase the aesthetic appeal of microwave-baked crust, brush the prepared dough with an egg yolk mixed with a little water or vanilla extract. This gives a golden brown look even before the crust is baked.

For a peanut butter ice cream pie, soften ½ cup peanut butter in a microwave oven about 1 minute on medium-low (30 percent) power. Stir in ½ cup corn syrup or chocolate syrup until smooth.

Fill a prepared pie shell crust halfway with vanilla ice cream, softened 2 to 3 minutes in a microwave oven on medium-low power. Drizzle half the peanut butter mixture on top, then add another layer of ice cream and finally the remaining peanut butter mixture. Top with whipped cream and peanuts. Freeze until serving time.

Of course, chocolate and peanut butter is a universal favorite, so this chocolate crust is a winner when the filling contains peanut butter. This recipe uses crunchy peanut butter, but the creamy variety creates

a smoother texture. Betty Serati specializes in microwave cooking.

PEANUT BUTTER PIE

- 1½ cups flour
- ½ tsp. salt
- 1 tbsp. granulated sugar
- 1 tbsp. cocoa
- ¼ cup (½ stick) butter
- ¼ cup shortening
- 3 tbsp. ice water
- 2 pkgs. (8 oz. each) cream cheese
- 1 cup crunchy peanut butter
- ½ cups confectioner's sugar
- 2 cups whipped cream or frozen whipped topping, thawed
- Chocolate syrup for garnish

Combine flour, salt, granulated sugar and cocoa until blended. Cut in shortening and butter until particles resemble coarse crumbs. Add water. Combine until mixture forms ball, adjusting amount of water if necessary.

Roll out dough on floured surface. Fit into 10-inch glass pie plate. Cook on high power 4 minutes until cooked and flaky. Let cool. In large microwave-safe bowl, soften cream cheese, and peanut butter on medium-high power 1 to 2 min.

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Today's Food

Private Label Test Run

Fresh-baked aroma attracted admirers of rolls and biscuits

The summation offered by one of the testers of Shop 'n Save jumbo butter-flavored biscuits and cinnamon rolls was a heartfelt, "They're great!"

In a land of gargantuan food pleasures, the refrigerated supermarket case is exploding with dough that bakes into hot, hearty biscuits and rolls at home. The markets are countering with limited varieties in private label brands. Shop 'n Save offers the two sampled, plus buttermilk biscuits. The biscuits (\$1.29) come eight to a roll, while five cinnamon rolls (\$1.89) are packed with an icing packet.

Testers liked the butter flavoring on the biscuits.

"The butter-flavored biscuits were quite tasty. They tasted more like homemade than most canned biscuits I have had. The texture was very good — crumbly without being too crumbly," a taster said.

She had a hard time deciding when she would prefer serving them.

"I think they would be best for breakfast, but could be served as a dinner biscuit. For a dinner bread, it is a very reasonable price. So often bread sticks and dinner rolls can cost \$3."

A tester — disappointed when she heard honey, instead of butter, would be offered on warm-from-the-oven biscuits — changed her mind when she tasted them.

"They didn't need the butter I longed for. They melted in my mouth. I did like the flavor better than the appearance. There are splotches of yellow on top,

that is the butter flavor I suppose. That seems a bit unnatural," she said.

The test included two packages of biscuits, one whose "pull" date was two days before the test, the other with a date several months in the future. The earlier-dated product rose just slightly less and was smoother on top, but the interior flakiness did not

deteriorate significantly.

Another commented how pleasantly the warm biscuits absorbed the honey.

The overall positive reaction of another tester was, "They rose well, and were flaky inside."

One cook preferred them over traditional-sized ones, because there was more soft dough, rather than a lot of crusty edge.

"If I were going to invest a lot of fat into meal where a biscuit fit, I'd choose the jumbo over the traditional ones and make that part of the treat. In fact, they'd be good for a biscuit-and-gravy breakfast at home, where I could make the rest of the meal average out better," she said.

Each jumbo biscuit has 9

grams fat, with a cinnamon roll posting 11 grams.

Positive comments also were given about the cinnamon rolls.

One called them "pleasantly light." Another liked the amount of doughy interior texture, because "that's the way I like them," he said.

Several commented on the amount of cinnamon.

"They have a good, strong taste of cinnamon. You don't often taste that in store-bought rolls," a tester said.

The icing would be appreciated by sweets-lovers, some said, one noting just a bit of it could be put on hers — to her liking — because it is packed separately. Another liked "saving" the sweetness for the icing.

Another regularly buys cinnamon rolls in private label brands.

"A hilarious Himalaya of hype... more than worth the price of admission." — Lawrence Van Gelder, THE NEW YORK TIMES

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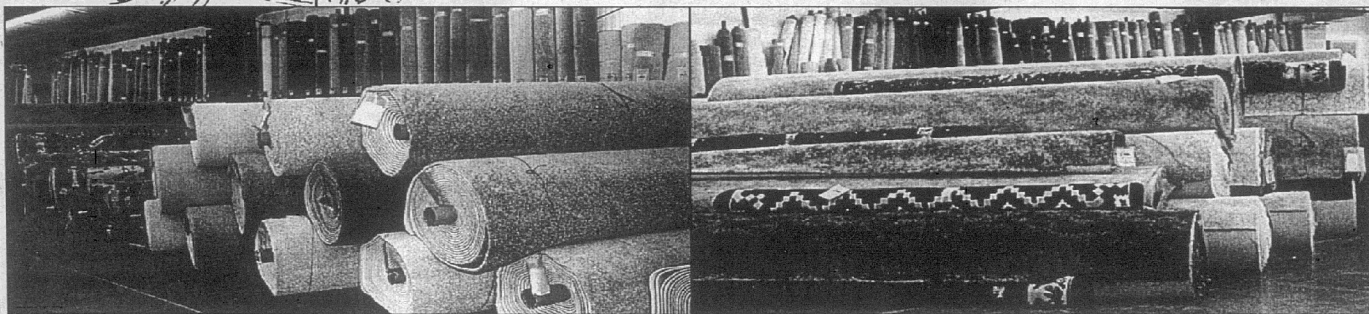
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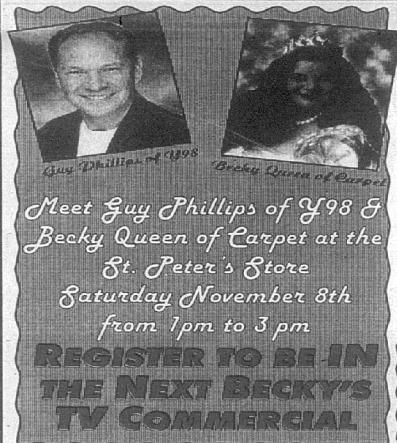
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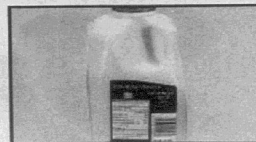
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Low Prices ON TOP BRANDS!



Mazola No Stick Cooking Spray

169
7-OZ. CAN



RED OR BLUE LABEL Karo Syrup

109
16-OZ. BTL.



Argo Corn Starch..... **59¢**
SAGE & ONION OR HERB Brownberry Stuffing..... **229**
BROWN BERRY Unseasoned Stuffing..... **189**



ASSORTED VARIETIES Hellmann's Salad Dressing

159
16-OZ. BTL.



ASSORTED VARIETIES Skippy Peanut Butter

149
18-OZ. JAR



REGULAR, LIGHT OR REDUCED FAT Hellmann's Mayonnaise

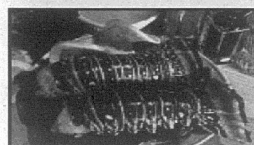
198
32-OZ. JAR



PRE-PRICED \$2.29 Golden Griddle Pancake Syrup

99¢
24-OZ. BTL.

Great Values! On Seafood, Deli & Bakery Items

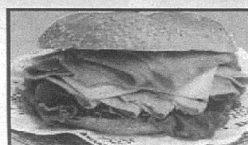


WHILE SUPPLIES LAST Lobster Tails

499
EACH 5-OZ. AVG.

2 LEGS, 2 BREAST, 2 WINGS & 2 THIGHS Fried Chicken

399
8-PIECE BUCKET



Patrick Cudahy Honey Ham

399
lb.



LIQUID OR POWDER Wisk Ultra Laundry Detergent

497
98 TO 103-OZ. ASSORTED VARIETIES



PRINT OR ASSORTED Brawny Paper Towels

89¢
ROLL

FRESH Mahi Mahi Fillets..... **399**
lb.

Farm Raised Whole Catfish... **199**
lb.

Breaded Clam Strips..... **299**
lb.

GARLIC OR MESQUITE Emmer's Roast Beef..... **499**
lb.

Alpine Lace American Cheese **299**
lb.

ECKRICH All Meat, Garlic or Beef Bologna **279**
lb.

San Francisco Sour Dough..... **99¢**
18-OZ. Pkg.

Cherry or Apple Turnover... **199**
4-OZ. Pkg.

Hamburger Buns..... **99¢**
Pkg.

Snuggles Fabric Softener Sheets **299**
80-CT. BOX

SNUGGLE Ultra Liquid Softener Sheets **299**
40-OZ. BTL. ASSORT. VAR.

Spray'n Wash Refill..... **2/\$3**
32-OZ. BTL.

LIQUID Dawn Ultra Dish Detergent... **189**
20-OZ. BTL. ASSORT. VAR.

DISHWASHER Cascade Detergent..... **2/\$4**
80-OZ. ASSORT. VAR.

SEAFOOD, DELI AND BAKERY NOT AVAILABLE AT ALL STORES

E-D-L-P'S! EVERYDAY LOW PRICES

These are Everyday Low Prices - Not Weekly Specials

Hunt's Manwich Sauce

99¢
15.5-OZ. CAN

Armour Chili With Beans..... **79¢**
15-OZ. CAN

Sunsweet Prune Juice..... **99¢**
7-CT. BOX

ASSORTED VARIETIES La Choy Bi-Packs..... **199**
43-OZ. CAN

SLICES Heifetz Bread'n Butter Pickles..... **199**
99-OZ. JAR

Kellogg's Corn Flakes Cereal... **269**
18-OZ. BOX

Look for the yellow price tags at the shelf edge for our Everyday Low Price! Day in and day out you get the lowest possible price. Compare for yourself!



ASSORTED VARIETIES Ragu Spaghetti Sauce

179
27.5 TO 30-OZ. JAR

STEMS & PIECES Shop'n Save Mushrooms..... **3/\$1**
4-OZ. CAN

Crisco Oil..... **239**
48-OZ. BTL.

Del Monte Fruit Cups..... **2/\$3**
Pkg.

ASSORTED VARIETIES Banquet Pot Pies..... **2/99**
7-OZ. BOX

ASSORTED VARIETIES Lender's Bagels..... **107**
8-CT. Pkg.

Christmas Is Just Around the Corner

Need Extra Money for the Holidays?

Shop 'n Save has Part-Time Positions Available

Apply at your Neighborhood Shop 'n Save

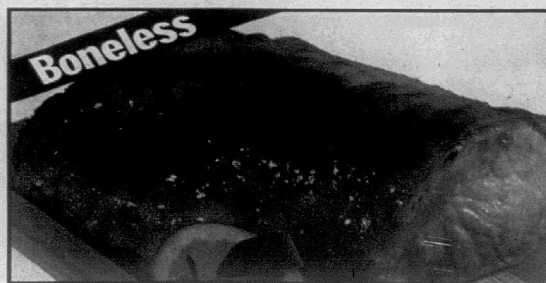
Equal Opportunity Employer

Shop'n Save®

The more you shop the more you save!

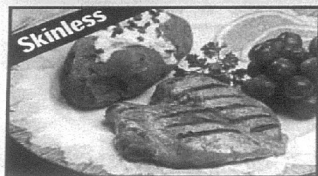


Save Even More With
1,000's
of Red Tag Values!



Center Cut Boneless
Pork Loin Roast

219
lb.



ALL NATURAL
Boneless, Skinless
Chicken Breast

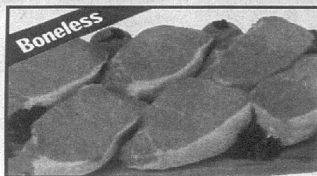
197
lb.

LIMIT 3 PKGS.

Louis Rich
Turkey Bologna **99¢**
1-LB. PKG.

Louis Rich
Ground Turkey **99¢**
1-LB. ROLL

OSCAR MAYER
Chopped Ham or
Ham & Cheese **2/\$5**
1-LB. PKG.



CENTER CUT
Boneless
Pork Chops

299
lb.

OSCAR MAYER
Fun Pack
Lunchables..... **3/\$5**
11.2 - 13.2 OZ.

TENDERS, PATTIES
OR NUGGETS
Tyson Boneless
Chicken..... **2/\$5**
9 - 10.5 OZ.

STICKS OR FILLETS
Van De Kamp
Breaded Fish.... **299**
20 - 21 OZ.



USDA CHOICE CORN FED BEEF
Boneless
Charcoal Steak

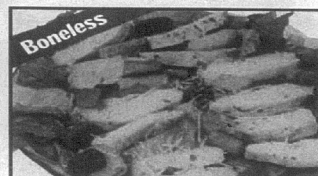
179
lb.

FAMILY PACK

Butterball
Young Turkeys.. **99¢**
10 - 20 LB. AVG.

BROWN'N SERVE
Swift
Sausage Links.. **99¢**
7-OZ. PKG.

KRETSCHMAR
Whole
Boneless Ham... **199**
10 - 12 LB. AVG.



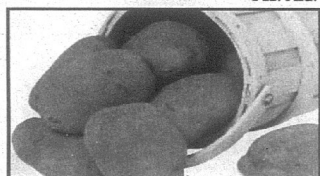
FRESH
Perdue Turkey
Breast Tenders

299
lb.

FARMLAND
Jumbo Deli
Franks..... **99¢**
1-LB. PKG.

Shop'n Save
Pork Sausage..... **199**
1-LB. ROLL

BROOKFIELD FLAT CUT
Briskets
Corned Beef..... **199**
lb.



U.S. NO. 1
Russet Baker
Potatoes

188
10 POUND
BAG

CALIFORNIA
Navel
Oranges..... **6/98**

NORTHWEST
Bartlett
Pears..... **68¢**
lb.

CALIFORNIA
Seedless
Red Grapes..... **98¢**
lb.

CALIFORNIA
Red Radishes... **58¢**
1-LB. PKG.



WASHINGTON STATE X-FANCY
Red or Golden
Delicious Apples

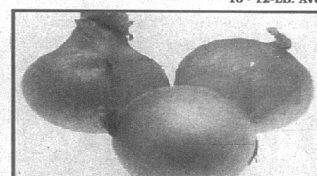
68¢
lb.

113-COUNT

REGULAR OR FAT FREE
Dole Complete **158**
8 TO 12 OZ. PKG.

Mann's Broccoli **128**
1-LB. PKG.

Mann's Broccoli
Cole Slaw..... **128**
1-LB. PKG.



Large Yellow
Onions

18¢
lb.

SALTED OR UNSALTED
Gary's Roasted **238**
20-OZ. BAG

ALL VARIETIES
Marzetti's Fat **2/398**
12-OZ. BTL.

Try These
Exotic Varieties!
NOT AVAILABLE AT ALL STORES

FRESH Napa or Bok Choy **98¢**
lb.

SNO WHITE Bean Sprouts... **68¢**
lb.

FRESH Alfalfa Sprouts... **68¢**
lb.

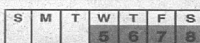
TRAY Dried Apricots... **248**
lb.

FRESH Baby Portabellas.. **138**
10-CT. PKG.

MELISSA Semolina..... **278**
15-OZ. PKG.



5-a Day For
Better Health



FOR STORE LOCATIONS CALL (314) 984-0900
• PRICES GUARANTEED THRU NOV. 8, 1997 AT ALL ST. LOUIS METRO STORES ONLY
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VALUE**

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ILLIN

\$15
HISTORICAL
quiet tree
Highland 2
yesterdays
today's floor
staircase
grand entrance

2 baths, la-
master be-
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KAREN M
Broker
 

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OPEN HOUSE
2pm-4pm.
New construction
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2-car gar
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December
Auction, 34
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FOR SALE
To, 3 Bedr
Corner lot,
Double Car
Clair, Godgr
616-585-3047

2355 GRA

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FOR SALE
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2900 MOCKINGBIRD
451-1695
SMALL 1
bath, 40x1
lot, 522,000...
1400 sq. ft.
living room

living room,
fireplace re-
appliance
garage. Clo-
shopping. I
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Single level construction) Arizona. Se community. 2 Mint Condition Rick Brand

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Edwardsville

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Ringsboro

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COMPUTERIZED VISUAL MARKETING
1735 Pontoon Road • 931-2711
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CONGRATULATIONS
JAN BONE
 Sales associate of CVM has exceeded requirements as a 3 million dollar producer for this
1997 GOLD AWARD

NEW LISTING - NICE STARTER HOME - 3 BR, vinyl siding with fascia, large fenced yard. GR23.

NEW LISTING - EXCELLENT LOCATION - All brick home on Waterman - 3 BR, 2 fireplaces, partially finished basement, 1 1/2 car garage. Call today! GR219.

NEW LISTING - NICE 4th FLOOR - Beautiful hardwood floors, new carpet, built-in oak kitchen cabinets, partially finished basement, 1 1/2 car garage. Call today! GR219.

NEW LISTING - LOTS OF STORAGE - In this 3 BR ranch, dining or family room, wallpaper touches, new carpet, 2 car garage, great for 1st time buyers. GR74.

NEW LISTING - LOVELY 3 BR RANCH with vinyl clad tilt windows, new carpet with workshop, fenced yard, storage shed. - \$405. GRH09.

NEED A SMALL HOME? This one bedroom has new carpet and updates, thru washer/dryer. Only \$138. GRM04.

THIS HOME DEMANDS ACTION! 2 story brick home only 1 block from park lots of updates - call for all the details. GR180.

ARE YOU HANDY? 6 room home with hardwood floors, tiled backyard, sold "as is". Priced at \$24,900. M143.

NICE STARTER HOME - 4 rooms, eat-in kitchen with garbage disposal & refrigerator, full basement, storage shed. - \$205. GR087.

READY TO MOVE IN! Freshly painted, updated kitchen with 19 ft. roof & 2 1/2 yrs. old. lot. GR329.

MUST SEE THIS - Completely remodeled inside and out - new siding, carpet, thru washer, full bathroom, updated kitchen, utility room, kitchen, freshly painted, garage. GR349.

COMMERCIAL BRICK BUILDING - 5,310 sq. ft. could be office or retail, nice, a variety of uses for "Call" asphalt parking lot. GR331.

GLAMOROUS! CAPTIVATING! 3 BR, 2 1/2 baths, see-through fireplace, formal dining, security system, central vac system, full basement, wood deck, 2 car garage. GR399.

ESTABLISHED NEIGHBORHOOD - 5 rooms, updated kitchen, & bath, partially finished basement, attached garage. - \$205. GRM04.

See our ad in Madison County Homes Magazine
 Home Page: <http://members.aol.com/cvmaxrealty/home.htm>

KRISTI GLASSOW 878-4416
MARY SUE HARPER 878-4416
LYNN REIGER 901-001
BOB SIMON 782-1918
JERRY STUBBLEZ 782-9926
TINA TEMAN 782-1474
VICKY WALTON 782-2016
BARB WATKINS 782-2000

Granite City Realty, Inc.

RESIDENTIAL LISTINGS

GREAT STARTER HOME - 2 bedroom, nice kitchen, lots of cabinets, full basement, fenced yard. Priced at \$27,500. For more features on this new listing call Brenda Phillips. LG202.

LOVELY 3 BEDROOM - 2 story home, 3 baths, 2 family rooms, 1 has a fireplace, dining room, large kitchen. Completely equipped, central air, full basement with workshop, fenced yard, garage. Corner lot, Home Owner's Warranty. Won't last! Call and ask for Diana Nancy to set up a tour for you. LG103.

OWNER SAYS! This 2 family has 2 bedrooms in each unit. Separate utilities, nice big rooms, nice full basement - could be a great income property and a good money maker. Call Burt Schmitter for more details. LG785.

THIS IS A MUST SEE! On the outskirts of town, lovely 3 bedroom home is a lot to offer. New vinyl siding & roof, baseboard, big fenced back porch. Located on a nice lot. Call Neva Lucas for more details. LG545.

INVESTORS! Extra large 4 BR home in good location. Also has a formal dining room, and a very nice knotty pine enclosed back porch and full basement. Only \$25,000. JoAnn Methuen will be happy to show you this property today. LG235.

GREAT FOR RENTAL PROPERTY or move yourself. This 2 bedroom, full basement, full bathroom, New in 1991, central air, laundry and vinyl clad windows, built-in cabinets. Fenced back yard. Call for all the details. Only \$32,000. LG187.

Nice neat two story home with two bedrooms, 3 bedrooms, full basement, cool, cool central air, fenced rear yard. All this & priced in the upper 40's. Call Bernie Macfield. LG439.

NEEDING HOUSING AND INCOME TOO? Buy this four room house on a corner lot. Small house but will help make payments. Call Rose Stearns for more details. LG203.

Edge of town, New construction on the sunny side of town. Large kitchen, new, Highlighted with a fireplace. This lovely home has a full basement, white and a touch of brick. Call Burt Schmitter. LG755.

THIS TOPS THEM ALL! Lovely 3 bedroom, full brick, additional bedroom in basement. New roof. Low 70's. For more details call Janet Fortney. LG286.

BEAUTIFUL 2 BEDROOM, basement, garage, lots of wallpaper touches. New kitchen and appliances, new wiring, central air & furnace, & updated bath. Close to park in the 540's. Call today for more details. John Parker. LG841.

EDGE OF TOWN on a large fenced lot sits this 2 BR home with a large eat-in kitchen, beautiful wood cabinets, built-in, formal dining room, living room & first floor laundry room. Storage shed. Call Brenda Phillips for more details. LG456.

NICE 3 BEDROOM, 2 full baths, 1988 Champion 14x20 mobile home, \$33,000 down & take over payments \$220 per month. Lot size 5170 sq. ft. Must see for only \$11,000. For details call Neva Lucas. LG545.

Very good investment property. This is a four family brick. Well maintained, over 900 sq. ft., 2 bedrooms, living room, kitchen, bath. Also, each apartment has its own bathroom. Call today to set up an appointment with Neva Lucas. LG555.

Do you like to swing on your porch in the night? This house has the best of both worlds plus you have lots of updates. You will like what you see. For details call Helen Ramos. LG916.

Neva Lucas.....782-2988
Ann Matheson.....457-121
Bernie Macfield.....782-0766
Connie Morris.....782-3412
Diana Nancy.....782-2976
John Parker.....782-0897
Janet Parney.....782-5410
Brenda Phillips.....876-7510

Helen Ramos.....876-3006
Connie Morris.....876-3098
Burt Schmitter.....782-4700
Evelyn Spickett.....782-1848
Rose Stearns.....782-2777
Betsy Talbot.....452-6338
Arlene Watkins.....872-0510
Betty Baker.....338-0078

2620 APTS./FLATS UNFURNISHED
 1 bedroom apt. Sewer, water and trash furnished. No pets. \$325 per month plus deposit. Call John J. Apts. 2766. 2766 Central Ave. Call 452-0925

2620 APTS./FLATS UNFURNISHED
 LARGE 2 bedroom Apartment. Updates in Granite. 509 5795 of 655-1150

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2645 Condominiums/Townhomes Rent
 PARKVIEW RIDGE
 Large, spacious 2 bedroom townhome with garden apartments, all electric, washer/dryer, fully equipped kitchen, off street parking, decks, patios, full location across from park, Center Grove Road and East Drive in Edwardsville north of I-240. Call 866-866.

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 1 BR. 1/2 bath. No pets. \$325 per month plus deposit. Call John J. Apts. 2766. 2766 Central Ave. Call 452-0925

2620 APTS./FLATS UNFURNISHED
 2 BR. 1/2 bath. No pets. \$325 per month plus deposit. Call John J. Apts. 2766. 2766 Central Ave. Call 452-0925

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2645 Condominiums/Townhomes Rent
 NEW 2 BR, 2 bath, washer/dryer, full kitchen, full bathroom, full location across from park, Center Grove Road and East Drive in Edwardsville north of I-240. Call 866-866.

2650 DUPLEXES OR RENT
 2 BEDROOM DUPLEX with garage, excellent neighborhood, close to schools, no pets. 782-6511 or 876-8666

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NEWS

IP recommends energy reduction

Illinois Power is advising customers to be prepared in case gas prices are volatile again this winter.

Customers paid higher heating bills last year because of higher wholesale gas prices. Their bills could have been higher, the company said, if IP did not own and lease underground storage fields.

To minimize the financial effect of higher gas bills, the utility recommends consumers reduce energy use and take part in the company's leveled payment plan.

Additionally, individuals having financial difficulties may be able to make special pay-

ment arrangements with IP.

To help customers save energy and money, IP offers a free brochure, "Heating Comfort, Pocketbook Control." Customers can request the brochure by calling a customer service representative at 1-800-755-5000.

The simple steps customers can take to slash energy bills this winter include setting the thermostat at 68 F during the day and 60 F at night. Each degree above that raises energy use by about 3 percent — each degree below 68 F cuts energy use by that amount.

Individuals also can ensure drapes and furniture aren't blocking heating vents or radi-

ators, close air leaks with caulking and weather stripping and change furnace filters every 30 days. Dirty filters waste energy.

Through IP's leveled billing plan, consumers can spread their energy bills evenly throughout the year so they pay about the same amount each month.

To sign up for leveled billing, customers can call 1-800-755-5000. Individuals who want to make special payment arrangements with IP may call 1-800-750-7026 for assistance.

Company offers energy-saving tips

Illinois Power suggests the following ways for customers to cut down on electric costs during the winter:

1. Caulk or seal air leaks in windows, doors, lighting fixtures, electrical outlets or baseboards along outside walls.
2. Seal leaky duct work running through unheated spaces.
3. Keep fireplace dampers closed when not in use.

4. Lower thermostat settings when you and family members are sleeping or when the house is unoccupied.

5. Close off any area of your home that is not used frequently. Be sure to close registers in those areas.

6. If you use a portable heater, keep combustible materials away from the heating elements. Make sure you have adequate ventilation if you're

using a kerosene heater.

7. Use ceiling fans which can prevent warm air from being lost through the ceiling in the winter.

8. Insulate your attic. An uninsulated roof can add 20 percent to your heating costs.

9. Have furnace cleaned and adjusted before each heating season. Furnaces over 30 years old usually are less than 50 percent efficient.

10. Use a clock thermostat to automatically raise and lower home temperatures for savings day and night.

Arts league begins season

The Arts League Players of Edwardsville opens its 1997-98 season with a world premiere production of "Crome 3" by Wayne Crome, an award-winning playwright from Edwardsville.

Performances will run Fridays and Saturdays at 8 p.m. Nov. 14-15 and 21-22 in the Metcalf Theater on the campus of Southern Illinois University at Edwardsville.

"Crome 3" is comprised of three one-act plays and a wild diversity of human experience. In "Moondancing," two aging gay men confront the question of their own mortality and the niceties of the funeral industry.

In "Dr. Klopman's Obsession," a male doctor and female patient examine the uncertain border between pedophilia and sexual harassment. In "Danseuse," a brief play performed entirely in silence, a homeless woman tells a dance in which memories and dreams take on a life of their own, while transforming hers.

Tickets for the play are available at the door for \$6; students and seniors, \$4. Advance tickets at the same price are available at Stagger Inn Again, 104 E. Vandalia, Edwardsville. If purchasing tickets at the door, advance reservations are recommended at 656-1181.

The theater is wheelchair accessible; arrangements may be made by calling the reservation telephone number.

The Arts League Players' 1997-98 season is made possible in part by a grant from the Illinois Arts Council, a state agency.

Creative classes offered

Creative Express is accepting registration for the following classes for actors fine-tune their improv skills, will be 5:30 to 6:30 p.m. on Mondays from Nov. 17 to Dec. 1. Chad Brice will be instructing. The three-session class is great for both the novice or serious actor. The cost is \$18. The class is offered for ages 10 and up.

Clay Family Tiles will be from 10 a.m. to noon Saturday. Back by popular demand, the class is great for all ages and just in time for holiday giving.

Families will make a relief tile using the slab and coil methods to create the face of a family member. Families may make two tiles. The cost is \$25 per family. Leigh Janes will be instructing.

Fun With Finger-painting will be 10 to 10:45 a.m. Saturday.

Creativity abounds while exploring the world of colors in this adventurously messy time. Play clothes are required. The class costs \$6 and is for ages 3 to 5. Kerri Buchanan will be instructing.

To register, call 659-0445.

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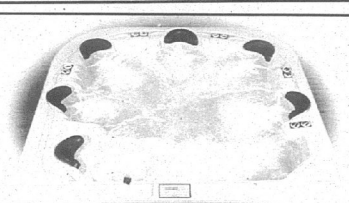
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